working every day in hundreds of ways to make Columbia an even better place to live, work and play.

Whether you swim for fun or fitness our pools are ready for you to make a big splash! PAGE 52
James Rouse envisioned Columbia as an environment that would nurture the growth of people. CA was founded — and is funded — to help ensure the high quality of life that allows for that growth to happen.

The budget for Fiscal Year 2019, which was passed in February, provides for much of what has long made Columbia stand out.

CA’s budget includes programs and activities within Community Services, such as the movies and concerts at this year’s Lakefront Summer Festival, before and after school care available during the school year, and memorable summer camps for when schools are out.

CA’s budget ensures that Columbia’s open space is maintained so that you can enjoy nature just footsteps away from your home, journeying along a pathway system that leads to lakes, ponds, tot lots or whichever destination you have in mind.

And we continue to reinvest in many of the facilities that serve you, including the numerous village and community buildings CA owns and maintains, as well as our fitness and recreational facilities. We are very proud to introduce the state-of-the-art Long Reach Tennis Club, which opened earlier this year! Columbia Athletic Club will close for phase two of major renovations from May through late fall (the tennis courts should reopen by mid-August), modernizing Columbia’s first fitness club. Columbia Swim Center will undergo its third and final phase of upgrades this summer.

These are just some of the projects CA has been working on. We continue to look forward — improving and enhancing our amenities and exploring opportunities to revise and improve our programming.

We are approaching two years since Columbia was named the No. 1 small city in America. It is an honor, and it reinforces our ongoing pursuit of CA’s vision of making Columbia a community of choice into the future.

Sincerely,
Milton W. Matthews
President/CEO
You’ll find the best that Columbia Association offers, and you can register for much of it online!

**Online Registration Instructions**

Online registration for classes and programs identified with the @ icon will begin at 7am on Saturday, April 14 for CA members and Columbia Cardholders only. Registration will also be available in person at the facility where the program will be held and can be completed by using computers located at any of CA’s three fitness clubs. If you are not a CA member and want to register for classes or programs online, you must set up a guest account. Please visit ColumbiaAssociation.org/login and click “Become a Guest” to set up your account.

CA members and Columbia Cardholders should establish online credentials before Saturday, April 14 to register for classes online. For online credentials, go to ColumbiaAssociation.org/login. You must enter a valid email address in the system in order to set up your online credentials. A screen will pop up for your login information. Below the login fields will be a link: “Don’t have a login?” Click on the link and a screen will come up asking you for your account credentials, you can obtain assistance by calling 410-730-1801.

- If applicable. For date of birth, click on any date to get the format and enter your date of birth.
- The screen will also ask for the ZIP code of your home address. Enter only the ZIP code — not your street address.
- For your assistance, a tutorial for creating your online credentials is available at ColumbiaAssociation.org/spectrum.
- Once you’ve established your login and password, go to the home screen. There are five large icons for you to choose from, including My Account, Programs and Classes. Most classes are available through the Programs or Classes icons. Click one and select “Change Facility” and select the facility of choice.
- Customer and Member Service Center is the default facility, but there are no classes there. Continue through the screens to checkout. The My Account icon includes your membership data, such as a copy of your contract. You can also view your class reservations and transactions.
- If you have specific questions regarding a class, contact the facility where the class is held. If you have difficulty establishing your account credentials, you can obtain assistance by calling 410-730-1801.

**Step into a CA fitness club and you’ll feel our commitment to our members!**

The front desk attendant knows you by name. The housekeeping crew works all night to keep the locker rooms spotless. KidSpace is so engaging your children won’t want to leave. And you’ll meet other people like yourself — the nicest people we know. Everyone is welcome to join CA, and Columbia residents (those who live on CA-assessed property) receive substantially discounted prices on the range of memberships available. Columbia residents who choose not to join may obtain a Columbia Card to use the facilities for a daily fee and to receive discounts on some programs — a list is available at ColumbiaAssociation.org/columbiacard. See admission procedures on pages 8-11 for details or call 410-730-1801 for more information.

CA offers a range of membership plans to meet a range of interests. A membership advocate at one of our fitness clubs or a Customer and Member Service Center staff member would be happy to assist you! Visit the closest fitness club to you or call the number listed to learn more. Visit ColumbiaAssociation.org/membership for more information or to purchase a membership online. Visit ColumbiaFit.org to view CA’s most current promotional offer.

**CA Mission**

Working every day in hundreds of ways to make Columbia an even better place to live, work, and play.

**Vision**

Making Columbia the community of choice – today and for generations to come.
CA offers SIX membership plans! These membership plans each offer a unique mix of activities and options. Please take a minute to read through them and understand the opportunities associated with each plan. Questions? A membership advocate at one of our fitness clubs or a Customer and Member Service Center staff member would be happy to assist you! Visit the closest fitness club to you or call the number listed to learn more. Information is also available on CA’s website at ColumbiaAssociation.org/membership.

Columbia Athletic Club 5455 Ruxerhill Road • 410-730-6744 Closed for renovations May through late fall, tennis expected to reopen in mid-August

Columbia Gym 6151 Darlington Lane • 410-531-0800

Customer and Member Service Center 6310 Hillside Court • 410-715-3000

Haven on the Lake 10275 Little Patowmack Parkway 410-715-3020

Supreme Sports Club 7000 Despeche Drive 410-381-5355

Play a new WAY!

Haven on the Lake

Columbia Association also offers the option of becoming a member at Haven on the Lake, a mind body wellness retreat in Downtown Columbia. For more information on becoming a Haven member, see page 28.

Membership Plans

CA Fit&Play

CA Fit&Play offers the most variety and value for you and your family. It provides so many options at multiple facilities that when you join, you are matched with a dedicated professional whose only job is to welcome you and familiarize you with everything that is available to you and your family. See “JumpStart Your Membership” on page 8.

1Fit

When you have a 1Fit membership, you have access to everything within the particular club you choose to join. If you can meet your needs for equipment, amenities and particular classes within one CA club, you will find this option to be the most practical. See page 12 to identify the club that will be the best fit for you.

Play

This membership was designed for families whose focus is primarily on recreational activities. It provides access to all outdoor pools and Columbia Swim Center, Columbia SportsPark, Columbia SkatePark, Columbia Ice Rink, and indoor and outdoor tennis courts. Additional fees may apply to specific activities.

5Day Golf&Play

For those who enjoy golf in addition to other recreational activities, the 5Day Golf&Play membership combines the benefits of the Play membership and also includes eight-day advanced reservations, handicap fees, unlimited green fees on weekdays at Hobbit’s Glen Golf Club (must tee off by 11am on Fridays) and unlimited green fees every day at Fairway Hills Golf Club.

7Day Golf

Individuals who just want to focus on golf will find this the ideal membership. It includes eight-day advance reservations, unlimited green fees every day at both Hobbit’s Glen Golf Club and Fairway Hills Golf Club, and handicap fees.

Golf Fit&Play

This is CA’s premium membership, offering everything in fitness, recreation and golf. It includes the privileges of 7Day Golf and CA Fit&Play as well as free KidSpace at applicable facilities.

Summary of Memberships

<table>
<thead>
<tr>
<th></th>
<th>1Fit</th>
<th>2Play*</th>
<th>3CA Fit&amp;Play*</th>
<th>45Day Golf&amp;Play*</th>
<th>57Day Golf*</th>
<th>6Golf Fit&amp;Play*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>One fitness club (all fitness equipment and drop-in access to non-fee group fitness classes)</td>
<td>One guest visit each month</td>
<td>All outdoor pools, Swim Center with SplashDown, SportsPark, SkatePark, Ice Rink</td>
<td>All three fitness clubs and everything in them (all fitness equipment and non-fee group fitness classes)</td>
<td>Unlimited green fees on weekdays at Hobbit’s Glen Golf Club (must tee off by 11am on Fridays)</td>
<td>CA Fit&amp;Play Membership</td>
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<tr>
<td>2</td>
<td>All outdoor pools, Swim Center with SplashDown, SportsPark, SkatePark, Ice Rink</td>
<td>All guest visits each month</td>
<td>Two guest visits each month</td>
<td>Unlimited green fees on all seven days, both courses</td>
<td>Handicap fees</td>
<td>CA Fit&amp;Play Membership</td>
</tr>
<tr>
<td>3</td>
<td>All guest visits each month</td>
<td>Advance registration for specialty group fitness classes</td>
<td>Two guest visits each month</td>
<td>Unlimited green fees every day at Fairway Hills Golf Club</td>
<td>One guest visit each month</td>
<td>7Day Golf Membership</td>
</tr>
<tr>
<td>4</td>
<td>All guest visits each month</td>
<td>Eight-day advance reservations</td>
<td>Discounted green fees</td>
<td>Eight-day advance reservations</td>
<td>Handicap fees</td>
<td>KidSpace free at applicable facilities</td>
</tr>
<tr>
<td>5</td>
<td>One guest visit each month</td>
<td>Unlimited group fitness classes</td>
<td>Unlimited green fees at Hobbit’s Glen Golf Club</td>
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<td>One guest visit each month</td>
<td>Two guest visits each month</td>
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Extra fees for programs and facility services may apply.
Columbia Cardholders
Individuals who live on property protected by the covenants but who are not Columbia Association members may pay-as-you-go for reduced daily admission and programs at CA outdoor pools and Sport and Fitness facilities by obtaining a free Columbia Card.

To receive the Columbia Card, visit the Customer and Member Service Center (6310 Hillside Court) and present your driver's license or imprinted personal check, and your dependent children's birth certificates to verify you live on CA assessed property. Family members must be present to receive a Columbia Card.

Show the Columbia Card to the front desk attendant and pay the appropriate fee to gain admission to programs, the pools, or sport and fitness facilities. To receive the Columbia Cardholder price, you must present a Columbia Card at CA facilities prior to gaining entry. For more information, call 410-730-1801.

Non-members
Individuals who do not have a Columbia Card or who do not live on property protected by CA covenants are welcome to become members or accompany members a maximum of six times per fiscal year, per household, to all facilities combined as the guest of a member. Guests must present their driver's license and accompany a member. Members may purchase electronic passes for guest visits at CA's Customer and Member Service Center. A single guest admission fee can also be paid at the front desk of the facility. Non-members pay a higher daily admission fee. See guest procedures below.

Non-members can also enjoy the fitness and recreational facilities at non-member daily admission prices.

KidSpace Members
KidSpace offers recreational programs for children (6 weeks-13 years). Your KidSpace membership is an additional fee for all memberships except Golf Fit&Play and must be added to your membership plan. Some fees and restrictions apply. To join KidSpace, contact the Customer and Member Service Center at 410-730-1801.

The drop-in fee for non-KidSpace members who are club members is $8/day for a limit of two hours of care.

Guests
Individuals who live within 25 miles of Columbia are limited to six visits per fiscal year, per household, to all facilities combined as the guest of a member. Guests must present their driver's license and accompany a member. Members may purchase electronic passes for guest visits at CA's Customer and Member Service Center. A single guest admission fee can also be paid at the front desk of the facility. Non-members pay a higher daily admission fee.

CA team members are required to enter guest information into our online system for security purposes; please plan ahead and be patient, as this takes a few minutes when CA team members are required to enter guest information into our online system for security purposes; please plan ahead and be patient, as this takes a few minutes when CA team members are required to enter guest information into our online system for security purposes; please plan ahead and be patient, as this takes a few minutes when CA team members are required to enter guest information into our online system for security purposes; please plan ahead and be patient, as this takes a few minutes when CA team members are required to enter guest information into our online system for security purposes; please plan ahead and be patient, as this takes a few minutes when CA team members are required to enter guest information into our online system for security purposes; please plan ahead and be patient, as this takes a few minutes when CA team members are required to enter guest information into our online system for security purposes; please plan ahead and be patient, as this takes a few minutes when CA team members are required to enter guest information into our online system for security purposes; please plan ahead and be patient, as this takes a few minutes.

Senior Swim Pass
A Senior Swim Pass* is now available for purchase. The pass may be used to gain access to the pools at Columbia Athletic Club and Columbia Gym. The cost is $25 for 10 passes. You may purchase the passes at the Customer and Member Service Center, Columbia Athletic Club (closed for renovations May through late fall) or Columbia Gym.

*Note: You must have an existing Play membership and be 65 years of age or older to be eligible to purchase the Senior Swim Pass.

Membership Cards
Each member is given one free ID card. Lost, damaged or aging cards can be replaced for $5.

Assistance Programs
There are discounts for CA residents whose household income falls within certain income guidelines. Residents must verify income and dependents every year by providing an official IRS computer-generated transcript of their most recent tax return. The anniversary date for members receiving assistance will be one year from the date of sign up. This discount cannot be used with any other discount or offer.

JumpStart Your Membership
Your success is our mission, and CA's team is ready to help new members become quickly and easily oriented with all the facilities and services available. Our JumpStart program is complimentary and designed to create a community of support built upon a foundation of innovative and personalized services. The JumpStart team at the fitness club of your choosing will meet with you shortly after you have joined for a Coaching Session to discover more about you and your goals, answer your questions and help you make the connections you need to best use your membership. Next, one of our fitness professionals will take you through your Fitness Session to help you get started with an intentional and goal-directed action plan. After 30 days, you can come back for your Follow-Up Session to talk about how you are doing with your goals. JumpStart is about making connections based on your needs, who you are and how your fitness goals align with what matters most to you in life. Visit or call the clubs to learn more.

Columbia Athletic Club • 410-730-6744
Columbia Gym • 410-531-0800
Supreme Sports Club • 410-381-5355

NOTE
These procedures are necessary to ensure that CA facilities are enjoyed by paying members, CA residents and guests. We appreciate your cooperation. For more information about any activity, please call the appropriate facility. Phone numbers, locations and hours of operation are listed in the directory on pages 2 and 3. For membership information, please refer to pages 5-13. Classes may be canceled due to lack of enrollment.

Visit HavenforYou.org or call 410-715-3020 to learn about our special membership offers.

At Haven on the Lake, we have everything you need to relax, restore and rejuvenate your mind, body and soul. Strengthen your core and tone your body with our low-impact, results-oriented classes — including barre, yoga, TRX® and aqua spin. Calm your mind in our warm water relaxation pool and a serene area that features a crystal salt therapy room, steam bath and sauna. Plus, with our KidSpace area, you don’t have to worry about finding childcare. We will keep your kids safe, entertained and happy while you enjoy some much deserved time to yourself.

Join today and start the path to a happier and more relaxed you!
THE BALL IS IN OUR COURT!

CA’s brand new Long Reach Tennis Club opens in late March

This great space features:
- Six indoor climate-controlled state of the art indoor tennis courts
- PlaySight video technology for improved coaching
- Block time reservations and open court times
- Tennis leagues, teams, events and tournaments
- Group and private lessons for all ages, from beginner to high performance play, all led by certified tennis professionals.

Find out more at ColumbiaAssociation.org/tennis, by calling 410-423-4120 or visiting us at 6180 Old Dobbin Lane, Columbia.

Payment Plans
Memberships may be paid in full or paid via interest-free electronic monthly deduction from your checking account or credit card.

Accessibility Statement
Columbia Association provides a wide range of accessible facilities, programs and open space amenities. For more detailed accessibility information about a specific facility, program or amenity, please contact the facility manager, program director or Open Space office as appropriate.

A complete listing of ADA-friendly facilities can be found at ColumbiaAssociation.org/ada. A list of ADA-enhanced pools can be found at ColumbiaAssociation.org/pools. A printed list of all ADA-friendly facilities is also available at the front desk of CA facilities.

Policies and Procedures
In addition to the information provided here, an expanded listing of policies and procedures is available at each club.

Definitions of Family and Adult Children
A family is made up of two adults and his/her tax-dependent children younger than the age of 23 living at the same address. Children of non-marital relationships will only be considered part of the family if they are living at the same address as both parents. Children of remarriage will only be considered part of the family if they are living at the same address as both parents.

Changes in Your Membership Data
Please call the Customer and Service Center at 410-730-1803 to update your information in our system if your address, bank or other membership data changes. Some changes can be made online; see page 4 for more information. By keeping us informed, you will be better served and will avoid service charges or other fees. See next column for more details regarding Renewal, Early Termination and Default Provisions.

Early Termination of Contract
Early termination does not apply to 5Day Golf&Play, 7Day Golf, Play or month-to-month memberships. If you are still in contract for one or multiple years and you wish to terminate your contract for medical or other reasons, you may pay a cancellation fee. The cancellation fee will vary according to your type of membership plan and the remaining term of your contract. Contact the Customer and Member Service Center at 410-730-1803 or visit 6310 Hillside Court, off Stevens Forest Road and Broken Land Parkway, to speak with a representative who will tell you the cost for early termination of your membership. Non-use does not relieve you of your payment obligation.

Default Provisions
Defaults due to insufficient funds, closed accounts, bank account or credit card closure or outstanding assessment fees require payment of the default plus a service charge. Until the default is remedied, membership privileges are withheld from all members listed on the membership. If a past-due amount is identified on your account, that past-due amount will be deducted during the monthly EFT (electronic funds transfer), plus the amount due for the current month. Your membership privileges will be suspended until your account is current.

Renewal
Memberships are renewed on month-to-month increments (except for those who have paid in full); and prices are subject to change with a month-to-month status. Please notify CA in writing of your intent to terminate 30 days prior to your desired cancellation date.

Inclement Weather Policy
In case of inclement weather, please call CA’s Inclement Weather Hotline at 410-715-3154 for up-to-date information on Sport and Fitness facilities, classes and programs.

When Howard County schools are delayed or closed, KidSpace will make every effort to open at 9am or at the same time that the facilities reopen. Call the KidSpace program before bringing your children to the club to ensure that we are properly staffed. This is especially important for parents/guardians bringing infants to KidSpace. Should the weather deteriorate during the day, please call before coming to the club.

The Before and After School programs will be canceled. Notifications will also be posted on CA’s website and CA’s Facebook page and sent out via text message and/or email to CA Urgent Notification subscribers. To subscribe, visit ColumbiaAssociation.org/notify.

*CA reserves the right to update or change this policy.

Guest Visits and Electronic Passes
CA Fri&Play and Golf Fri&Play members receive two guest visits each month, Play, 5Fit, 3Day Golf&Play, and 7Day Golf members receive one guest visit each month. Pases for guest visits do not accumulate from month to month. Members may purchase additional electronic guest passes for their guests at the Customer and Member Service Center by calling 410-730-1801 or by visiting 6310 Hillside Court (off Stevens Forest Road and Broken Land Parkway) or any other year-round CA facility.

Guests who live within 25 miles of Columbia are limited to six visits per year, per household to all facilities combined as the guest of a member. Guests must present their driver’s license, accompany a member and comply with CA’s guest admission procedures. There are no refunds or transferring of guest passes. Guest passes are valid until midnight on the date of issue. Visitors who are not guests of members may purchase a non-member day pass for $25 per person; over 16 years of age, it is valid for one calendar day.

Privileges
Membership privileges may be revoked for inappropriate, threatening or abusive behavior, or payment default. Tampering with a membership card or allowing it to be used improperly is illegal and subject to revocation of membership privileges and litigation.

Before and After programs will be canceled.

Memberinformation

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*CA reserves the right to update or change this policy.
Facility Amenities

*Please refer to your specific membership type to understand which amenities may require additional fees or which have restrictions.

**Columbia Athletic Club** (closed for renovations May through late fall)
- 4 racquetball courts and 3 squash court
- Hot water therapy/recreational pool
- Supreme Sports Club
- 115,000 square feet
- 3 lane indoor track (1/10 mile)
- 2 group fitness studios, including MyRide cycling studio
- 1 yoga studio
- 3 basketball courts (divided by season)
- 2 volleyball courts (open and drop in times Monday and Thursday evenings)
- 8 lane, 25-yard indoor pool, wading pool with play feature, and whirlpool
- Skate arena roller skating with cafe, (closed weekend)

**Columbia Tennis Clubs**
- 7 outdoor lighted and 5 unlighted courts at Owen Brown
- 6 new/6 lighted courts at Long Reach Tennis Club (court fee extra)
- 11 lighted courts at Wilde Lake
- 6 Har-Tru courts at The Racquet Club at Hobbit’s Glen, bouldering viewing patio

**Columbia Ice Rink**
- 17,000-square-foot indoor ice surface
- Figure skating and hockey clubs
- Instructional hockey program
- Locker rooms
- Snack bar and rental skate available

**Columbia SportsPark**
- see page 52 for details
- 23-outdoor pools, each with a wading pool and a bathhouse, of which 4 main pools with smaller water slides
- 5 ADA compliant wading pools with beaches entries and water features
- 4 main pools with smaller water slides
- 4 ADA compliant wading pools with beaches entries and water features
- 5-lane, 25-yard main pool
- SplashDown (not to be used after 5 pm)

**Columbia Swim Center**
- Your Columbia Association KeyPools for more information
- Shallow and Deep Water Fitness classes
- Wading pool
- Visit ColumbiaAssociation.org/kidspace for more information.
- KidSpace for children 6 weeks to 13 years
- Youth Arena, internet café and conference room
- Sunning patio and whirlpool

**Columbia Supersports**
- 18-hole championship course (green fee extra)
- 27 tee driving range open to the public
- Clubhouse, pro shop, restaurant and bar

**Fairway Hills Golf Club**
- see page 23 for details
- 17,000-square-foot indoor ice surface
- Figure skating and hockey clubs
- Instructional hockey program
- Locker rooms
- Snack bar and rental skate available

**Columbia Association Income Guidelines**

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<tr>
<th>Family Size</th>
<th>Gross Income for 50% discount on memberships developed by HUD</th>
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KidSpace

KidSpace is an interactive play area at Columbia Athletic Club, Columbia Gym, Haven on the Lake, and Supreme Sports Club. Geared for children six weeks to 13 years of age, KidSpace amenities are tailored to each facility and may include kid-sized arenas, a rock wall, state-of-the-art games and fitness equipment. Families with a KidSpace membership may utilize up to two hours per day per family. KidSpace memberships may be added to Fit and Fair Fit&Play memberships, it is free with Golf Fit&Play. Some fees and restrictions apply. For more information on KidSpace facilities and programs, visit ColumbiaAssociation.org/kidspace.

Youth Members

Your kids’ safety is our top priority: that’s why members must be 14 or older to use free weight equipment and exercise classes. Members between the ages of 11 and 13 may complete a complimentary Youth Fitness Consultation (see page 50 for details) with an accommodation from a parent or guardian — or may currently be participating in a camp or clinic — if they wish to use the fitness areas.

Financial Assistance Programs

Columbia Association encourages everyone to get active and participate! If your income and family size fall within the guidelines listed below, you may be eligible for a discount on your membership. For more information, please call the Customer and Member Service Center at 410-730-1801 or visit 6319 Hillsdale Court, of Stevens Forest Road and Broken Land Parkway. A representative will be happy to speak with you.

**Columbia Association Income Guidelines**

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According to the U.S. Department of Labor, people spend 7–6 hours a day working. This translates to approximately 48 percent of one’s waking hours being spent at work. The environment in which we work can have a considerable effect on our lives and on our general sense of well-being. Wellness is fundamental to being a healthy high performer and having a successful organization. CA Corporate Wellness may be linked to greater productivity, less absenteeism, and competitive (lower) insurance rates. To find out about Columbia Association Corporate Wellness programs, contact Michael Fretz at 410-423-4210.

CA thanks the following local employers who have recognized the importance of wellness in the workplace:

- ARCO Design/Build • Ascend One Corporation
- Bowsers Fluidics • CanFirst BlueCross BlueShield • Columbia Builders
- Connections Education • Consortium Health Plans • Convergence Technology Environmental System Associates • Exeter
- Gantech • Grace • Hatchett • Impact Research
- Laurane Education Inc • LB & B Associates
- Leidos Inc • Lifeline • Lotters • M&T Bank
- PCTEST Engineering
- Red Arch Solutions
- FLM Engineering
- Sandy Spring Bank
- Stage Front Tickets
- Vision Financial Group
- WelDoc
Columbia Art Center and Gallery Shop

6100 Fureland Garth - Columbia, 21045
Columbia Art Center offers art classes and workshops, exhibitions showcasing the talents of local and regional artists; community events; and a gift shop. For more information, call 410-730-0075 or visit ColumbiaArtCenter.org.

Artists & Culture

Community Events; and a gift shop. Talents of local and regional artists; Columbia Association.org

Columbia

Educational Programs

Office Art Rescue

Literary Reading Series

Salon Series

Additional parties listed on page 49.

School's Closed Programs

Library Services

School Age Services

School Age Services Before and After School Care Grades K-8
MSDE-licensed child care in a safe environment. Games, crafts, snack and physical activities each day. Costs below are per child/period per month. Pricing for the 2018 school year: 7:30am to start of school, $260* 7:00am to 6:30pm, $493* Phone call 410-715-3164 for more information. Reduced rates available based on income guidelines. Purchase of care through the Maryland Department of Social Services is accepted.

Elementary School Programs are held at the elementary school the child attends.

• Arlethton
• Bryant Woods*
• Centennial
• Clarksville
• Clemens Crossing
• Grizzledale*
• Guilford
• Hammond
• Jeffers Hill
• Longfellow
• Northfield
• Phelps Luck*
• Running Brook*
• Stevens Forest*
• Swansfield
• Thunder Hill
• Wootton**

* Care also provided for 4-year olds attending full day pre K at those on school

** Elementary School Programs (pm only) are held at Lake Elk horn with transportation from Harper's Choice, Oakland Mills and Wilde Lake.

Additional Info

• Dunloggin with transportation from Burleigh Manor; and at Hammond.

Phone call 410-715-3104 or email SASC@ColumbiaAssociation.org.

School Age Services Before and After School Care

CALL 410-730-0075 for more information.

Additional parties listed on page 49.

Please visit ColumbiaCamps.org.

Camps Offered

June 18-August 24 / 8:30am-4pm

Extended Care Available

7:30am & 4:30pm

16 different camps for kids with special needs

Inclusion Camps

Access camps for kids with special needs

Sports

Basketball, Soccer, Golf, Tennis, Skateboarding, Swimming

Lessons and recreational

Amusement Parks, Beaches, Static Park, Entertainment

SO MUCH MORE

Nature, Art, Overnights, Hiking, Tubing

Visit our website for more about:

Kids Day

Camps Offered

June 18-August 24 / 8:30am-4pm

Extended Care Available

7:30am & 4:30pm

For full-day programs for preschool through high school.

For more information, contact the Maryland Department of Health and Mental Hygiene.

For information, visit ColumbiaCamps.org.

Registration now open for

calls for Home Schoolers

Full-day programs for preschool through high school.

American Camp Association (ACA) accredited

Registration for the Maryland Department of Health and Mental Hygiene.

Call 410-730-0075 or email CACAMPS@ColumbiaAssociation.org.

CA offers programs and resources for home-schoolers at several facilities.

Conferences of participation awarded.

For more information, please call 410-730-0075 or email Monica Horvath@ColumbiaAssociation.org.

Camps and School Services

Children of Home Schoolers

Camps Program held Aug 20-24, Aug 27-31

Grades 1-8 • Full Day • 7:30am-5:30pm

$55 per child per day

Possible World

My Artistic Power: Creating the Best Possible World

Grades 1-6 • Full Day • 7:30am-3:30pm

$55 per child per day

Program held Aug 20-24, Aug 27-31

Register by calling Columbia Art Center at 410-730-0075. Main program held 8am-3:30pm. Before and After Care cost included.

Enjoy a day of creative fun! Go home with cool art projects. Come with a friend and make new friends. Bring a bag lunch, beverages provided. Pre-registration is required. Call 410-730-0075 for more information or email ArtStaff@ColumbiaAssociation.org.

Camps and School Services

When school is scheduled to be closed, CA offers a variety of engaging programs for youth at Columbia Art Center, KidsSpace and School Age Services.

Collective Power: Creating the Best Possible World

Grades 1-8 • Full Day • 7:30am-3:30pm

$55 per child per day

Program held Aug 20-24, Aug 27-31

Register by calling Columbia Art Center at 410-730-0075. Main program held 8am-3:30pm. Before and After Care cost included.

Enjoy a day of creative fun! Go home with cool art projects. Come with a friend and make new friends. Bring a bag lunch, beverages provided. Pre-registration is required. Call Columbia Art Center for more information or email ArtStaff@ColumbiaAssociation.org.

Camps and School Services

6 Weeks-12 Years

Grades K-8

MSDE-licensed child care in a safe environment. Games, crafts, snack and physical activities each day. Costs below are per child/period per month. Pricing for the 2018 school year: 7:30am to start of school, $183.* End of school to 6pm, $260.* Call 410-715-3164 for more information.

For more information, please call 410-730-0075 or visit ColumbiaArtCenter.org.
Residents of Columbia live in one of 10 villages. Each village has unique features, facilities, and a sense of community.

Within each village are neighborhoods with names drawn from history or literature. Each village has a community association formed exclusively to promote common good and welfare. In the community centers, you will find activities for children to mature adults and space to rent for meetings, parties and special events. The community associations sponsor seminars, forums, holiday events and fairs. Most events are open to all residents of Columbia. Please visit village websites for additional events and classes offered.

**Harper’s Choice**
Harper’sChoice.org
Neighborhoods: Hobbit’s Glen, Longfellow and Swanswell
Located in Kahler Hall • 5440 Old Tucker Row
Columbia, 21044 • 410-730-0770
manager@harperschoice.org
Manager: Steve Ingley
Kahler Hall is available for meetings and social gatherings. Lovely formal ballroom holds 195. The Meeting Room seats 40, the Social Room 120 and the Corner Room 30.

**Hickory Ridge**
HickoryRidgeVillage.org
Neighborhoods: Clary’s Forest, Clemens Crossing and Hawthorn
Located in The Hawthorn Center
6175 Sunny Spring • Columbia, 21046
410-730-7327 • info@hickoryridgevillage.org.
Manager: Anne Kulesza
The Hawthorn Center accommodates socials and meetings for up to 100 people.

**Oakland Mills**
OaklandMills.org
Neighborhoods: Stevens Forest, Talbott Springs and Thunder Hill
Located in the Other Barn
5871 Robert Oliver Place • Columbia, 21045
410-730-4610 • manager@oaklandmills.org
Manager: Sandy Cederbaum
The Other Barn seats up to 220 and features a large, hardwood dance floor in the Loft. The main level meeting/reception room is ideal for up to 65 people. A flower-filled courtyard, distinctive touches throughout retain the rustic charm of this former dairy barn.

**Kings Contrivance**
KingsContrivanceCommunityAssociation.org
Neighborhoods: Dickinson, Huntington and Maxsell’s Common
Located in Anthem House
7251 Eden Brook Drive • Columbia, 21046
410-381-9600
kingscontrivance@columbiavillages.org
Manager: Beverley Meyers
Anthem House, a 4,300-square-foot building, contains a reception area, outdoor patio, wood-burning fireplace, meeting rooms and full kitchen.

**River Hill**
VillageofRiverHill.org
Neighborhoods: Plesasant Ridge and Poilter’s Run
Located in Clarion Hall • 6020 Daybreak Circle
Clinkerstown, 21095 • 410-531-1749
manager@villageofriverhill.org
Manager: Susan Smith
Clarer Hall, a 5,000-square-foot facility that accommodates up to 130 people, is available to rent for meetings and social events. Our outdoor patio makes every event special.

**Roads Gardeners Series**
Monthly presentation by Howard County Master Gardeners on a variety of topics. For a complete schedule, visit villageofriverhill.org or call 410-531-1749. These free events are open to the public. Pre-registration is requested.

**Flea Market**
Sun, May 19 • 8-noon
$5 per space
Ice Cream Social
Fri, Jun 8 • 7-8:30pm
$2 per person or $5 per family

**Music Together with Miri**
Fri, May 4 • 10am
Music Together with Miri
301-758-0004
Chinese Wushu
Sun, Jun 10 • 1pm
70th Birthday Celebration Kickoff
Sat, May 19 • Stay tuned for details.

**Jazz in the Mills Presents**
Sun, Jun 24 • 5pm
Fall Festival
Seeking vendors for Sat, Oct 6 event.

**Owen Brown**
OwenBrownVillage.org
Neighborhoods: Dasher Green, Elkhorn and Hopewell
Located in the Owen Brown Community Center
6800 Crabtown Road • Columbia, 21045
410-381-0202 • manager@owenbrownvillage.org
Manager: Craig Barton
This facility has five rooms (accommodating 25-100), which may be rented for meetings or socials. Our outdoor patio is perfect for weddings!

**50+ Lunch**
Wed, Jul 25 • 11:30am-1:30pm
Please call for more information.

**50+ BBQ and Bingo**
The, Jun 14 • 11:30am-1pm
Event catered by Mission BBQ. For more information, please call 410-381-0202 or email events@owenbrownvillage.org.

**River Hill**
VillageofRiverHill.org
Neighborhoods: Plesasant Ridge and Poilter’s Run
Located in Clarion Hall • 6020 Daybreak Circle
Clinkerstown, 21095 • 410-531-1749
manager@villageofriverhill.org
Manager: Susan Smith
Clarer Hall, a 5,000-square-foot facility that accommodates up to 130 people, is available to rent for meetings and social events. Our outdoor patio makes every event special.

**Master Gardeners Series**
Monthly presentation by Howard County Master Gardeners on a variety of topics. For a complete schedule, visit villageofriverhill.org or call 410-531-1749. These free events are open to the public. Pre-registration is requested.

**Flea Market**
Sun, Jun 10 • 1pm
Call 410-531-1749 to register.

**Independence Day Parade**
Wed, Jul 4 • 4pm
Along Great Star Drive
Ongoing Classes —
Music Together with Miri
301-758-0004
Chinese Wushu
301-770-5988

**Town Center**
ColumbiaTownCenter.org
Neighborhoods: Armesbury, Bancker, Creighton’s Run, Lakeroad, Vantage Point and Warfield
Located in Historic Oakland
5430 Vantage Point Road • Columbia, 21044
410-730-4744
villagemanager@columbiatowncenter.org
Manager: Jeremy Baker
Historic Oakland is a lovely 200-year-old manor in a wooded setting in the heart of Columbia. Individual rooms or the entire first and second floors may be rented for gatherings ranging from small meetings to large weddings.

**Senior Luncheon**
Fri, May 11 • noon-1:30pm
Juneteenth
Sat, Jun 23 • 9am-4pm
Back in the Park
Sat, Jul 21 • 2-4pm
Ice Cream Social and National Night Out
Tue, Aug 7 • 6-8pm

**Wilde Lake**
WildLake.org
Neighborhoods: Bryant Woods, Faulkner Ridge and Running Brook
Located in Slayton House
10400 Cross Fox Lane • Columbia, 21044
410-730-3867 • wla@wildlake.org
Manager: Kristin Shuler
Slayton House, the first community center in Columbia, features a 240-seat theatre and a 1,500-square-foot dance studio. It offers community events and classes, as well as rental space for meetings, social events, theater productions and recitals. Bernice Kish Gallery at Slayton House exhibits artwork featuring local and regional artists.

**Rainbow Theatre for Children**
Uncle Pete with Kids
Fri, May 4 • 10am
The Broadway Edition Performances
Thu, Jul 12 and Fri, Jul 13
7pm
Bernice Kish Gallery at Slayton House
Rotating exhibits and receptions
May 10-Jun 9
Larry Myers and Jane Wall
Reception: Sat, May 19 • 3-5pm
Jun 14-Aug 11
Maryland Pastel Society
Reception: Sun, Jun 24 • 3-5pm

**Columbia’s Village Centers**
Columbia’s village centers are open to all residents of Columbia. Please visit village websites for additional events and classes offered.

**Dorsey’s Search**
Dorsey’sSearch.ColumbiaVillages.org
Neighborhoods: Dorsey Hall and Fairway Hills
Located in Linden Hall • 4785 Dorsey Hall Drive
Ellicott City, 21042 • 410-730-4005
Dorsey’sSearch.ColumbiaVillages.org
Manager: Ingrid Hatz
Located in Linden Hall • 4765 Dorsey Hall Drive
Neighborhoods: Dorsey Hall and Fairway Hills
Dorsey’sSearch.ColumbiaVillages.org
Manager: Ingrid Hatz
Located in Linden Hall • 4765 Dorsey Hall Drive
Neighborhoods: Dorsey Hall and Fairway Hills
Dorsey’sSearch.ColumbiaVillages.org
Manager: Ingrid Hatz
The 5,000-square-foot Linden Hall hosts board, architectural and community meetings. Space is available for meetings, business conferences and social gatherings.
**Community Resources & Special Events**

### International Exchange and Multicultural Programs
Celebrating Columbia’s diverse cultures and promoting multicultural friendliness.

### Celebration of Columbia’s Sister Cities
Sun, Apr 22 • 1-4:30pm
The Mall in Columbia, Lord & Taylor Court
Enjoy music, dance performances and cultural displays from Columbia’s four sister cities: Cap-Haitien, Haiti; Jiangsu Province (near Shanghai) — Chinese Premier Zhu deer; Cap-Haitien, Haiti; Jiangsu Province (near Shanghai) — Chinese Premier Zhu deer.

**International Exchange**
used to speak.

**Sister cities:** Cap-Haitien, Haiti; Jiangsu Province (near Shanghai) — Chinese Premier Zhu deer.

### World Languages Café
Monthly evenings of conversation Fourth Tue of the month • 7-8pm
East Columbia 50+ Center
East Columbia Library
Practice a language you are learning or used to speak. For more information, visit ColumbiaAssociation.org/multicultural.

### International Book Club
Second Wed of the month • 7:30-9pm
Columbia Association Headquarters
Armchair travel by reading books from around the world chosen by members.

### Sister Cities High School Student Exchange
During July 2018, Columbia/Howard County high school students can live with a family and experience a different culture in one of Columbia’s sister cities, then host a foreign student here.

### Columbia Community Exchange
A Member of TimeBank USA
Looking to connect with a network of friendly neighbors? Enjoy giving and getting help with everyday services! Try Howard County’s time banking program. This novel approach to community service uses a simple concept: time as money. Time credits are traded instead of dollars. Membership is free and open to all who live, work or play in Howard County. For more information, please call 410-715-6792 or please email Columbia.Exchange@ColumbiaAssociation.org.

### Columbia Community Serving Howard County
Use your time, interests and skills to enhance our community. Visit VolunteerHoward.org for more information.

### Columbia RV Park
Office: 9450 Group Lane
Park: 8711 Elias Howe Drive
(off Robert Fulton Drive)
Columbia Association RV Park is a security-gated recreational vehicle storage facility. Each user has a unique security code for entering and exiting the park. Please call 410-381-3488 or email RV.Park@ColumbiaAssociation.org to receive rates and check availability.

### Seniors Events Shuttle
A free curb-to-curb evening and weekend transportation shuttle to cultural events throughout Howard County for groups of four or more seniors ages 60 and older. Sponsored by the Senior Advisory Committee. For more information, please visit ColumbiaAssociation.org/eventsshuttle. To request or cancel a ride, call 410-715-3087.

### Columbia RV Park
Office: 9450 Group Lane
Park: 8711 Elias Howe Drive
off Robert Fulton Drive
Columbia Association RV Park is a security-gated recreational vehicle storage facility. Each user has a unique security code for entering and exiting the park. Please call 410-381-3488 or email RV.Park@ColumbiaAssociation.org to receive rates and check availability.

### Lakefront Summer Festival
Downtown Columbia Lakefront
Free movie entertainment
Concerts: Jun 20-Aug 18
Tue, Thu, Wed, Sat • 7:30pm; Sun • 6:30pm
Aug 31-Sep 8
Sat, Sun • 6:30pm
Movies: Jun 19-Aug 27
Mon, Fri • 8:30pm
Aug 31-Sep 8
Sat • 8:30pm
Dancin’ Under the People Tree
Jun 22-Sep 7, July 7, 14, 21, Aug 18
Free dance instruction.
For more information, call 410-715-3087 or please visit VolunteerHoward.org.

### Lakefront Wednesdays
Wed, noon-2pm • Jun 27-Aug 15
Downtown Columbia Lakefront
Free lunchtime concerts featuring local musicians.
For more information, call 410-715-3087 or visit ColumbiaAssociation.org/LFW.

### Lakefront Fridays
Mon, Sep 3 • 10:30-11:30am
Stevens Forest Park
F.P, Dancin’, and G&I mbrs, drop-in.
Join us on Lake Front as we say goodbye to our outdoor aqua fitness season. Members can bring a guest for free.

### Dancin’ Under the People Tree
Free outdoor Mat Pilates class
July 28: Mind Body Restore and Renew
Aug 25: Spin, 95 RPM
Solar-powered Register early by calling 410-715-3087 or visit HavenLakeLab.org.

### Les Mills New Releases
CA mbrs, free
Sat, Jul 14
Columbia Gym and Supreme Sports Club
Classes available via Columbia Association: Registration app or at ColumbiaAssociation.org/groupfitness.
Registration and class times apply.
Because the best benefits of your body and health, and improved fitness levels, it is important to change your workout focus and patterns often. To aid in this process, Les Mills fitness programs Body Pump®, BodyCycle®, and BodyBalance® provide instructors with new material called “releases” every quarter. This is a perfect time for new students to try these classes and for regulars to mix up their routines.

### Les Mills Virtual Summer Season
For all skill levels are offered.
Les Mills Virtual Summer Season features Les Mills fitness programs Body Pump®, BodyCycle®, and BodyBalance®. For more information, please contact Group.Fitness@ColumbiaAssociation.org.

### Aqua Fitness Schedule
Columbia Association: Registration app or access SNG at VolunteerHoward.org/oracle.

### Aqua Fit Classes
Columbia Cardholders and non-mbrs, $29
For days/times, email Group.Fitness@ColumbiaAssociation.org.

### College Kids Yoga
Sat, May 5 • 9:20-10am
Free for everyone
Haven on the Lake, 410-715-3029
Join us for a free outdoor Mat Pilates class at Haven on the Lake. Class will be moved indoors in the event of inclement weather.
Limited space, register early.

### Columbia Association: Registration app or access SNG at VolunteerHoward.org/oracle.

### Aqua Fit Classes
Columbia Cardholders and non-mbrs, $29
For days/times, email Group.Fitness@ColumbiaAssociation.org.

### Columbia Association: Registration app or access SNG at VolunteerHoward.org/oracle.

### Les Mills Virtual Summer Season
For all skill levels are offered.
Les Mills Virtual Summer Season features Les Mills fitness programs Body Pump®, BodyCycle®, and BodyBalance®. For more information, please contact Group.Fitness@ColumbiaAssociation.org.

### Aqua Fit Classes
Columbia Cardholders and non-mbrs, $29
For days/times, email Group.Fitness@ColumbiaAssociation.org.

### Columbia Association: Registration app or access SNG at VolunteerHoward.org/oracle.

### Les Mills Virtual Summer Season
For all skill levels are offered.
Les Mills Virtual Summer Season features Les Mills fitness programs Body Pump®, BodyCycle®, and BodyBalance®. For more information, please contact Group.Fitness@ColumbiaAssociation.org.

### Aqua Fit Classes
Columbia Cardholders and non-mbrs, $29
For days/times, email Group.Fitness@ColumbiaAssociation.org.

### Columbia Association: Registration app or access SNG at VolunteerHoward.org/oracle.

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Columbia Cardholders and non-mbrs, $29
For days/times, email Group.Fitness@ColumbiaAssociation.org.

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Columbia Cardholders and non-mbrs, $29
For days/times, email Group.Fitness@ColumbiaAssociation.org.

### Columbia Association: Registration app or access SNG at VolunteerHoward.org/oracle.

### Les Mills Virtual Summer Season
For all skill levels are offered.
Les Mills Virtual Summer Season features Les Mills fitness programs Body Pump®, BodyCycle®, and BodyBalance®. For more information, please contact Group.Fitness@ColumbiaAssociation.org.
A cardio-focused workout combining box, boxing, and Muay Thai moves, explosive power moves, and interval training that all engage your core so you get in shape incredibly fast! Drop-in and free for all members.

A combination of LaBlanc Dance Fitness and toning using weights, bands, and more. LaBlanc is based on all the dances you see on Dancing with the Stars and a variety of music genres and styles such as jive, hustle, disco, quick step, lindy hop and more. This class will include: cardio dance, muscle strength and endurance, all in one. Drop-in for all members.

A combination of LaBlanc Dance Fitness and toning using weights, bands, and more. LaBlanc is based on all the dances you see on Dancing with the Stars and a variety of music genres and styles such as jive, hustle, disco, quick step, lindy hop and more. This class will include: cardio dance, muscle strength and endurance, all in one. Drop-in for all members.

A yoga class combining the health and safety of your bones. All fitness levels.

A series of movements on an aqua balance board. Yoga moves may include some inversions. (80 or 75 min)

A multi-level, low-impact class. Step on an adjustable bench and step through a forward-motion video and music. (55 min) CG only

A series of movements on an aqua balance board. Yoga moves may include some inversions. (80 or 75 min)

A yoga class combining the health and safety of your bones. All fitness levels.

A combination of LaBlanc Dance Fitness and toning using weights, bands, and more. LaBlanc is based on all the dances you see on Dancing with the Stars and a variety of music genres and styles such as jive, hustle, disco, quick step, lindy hop and more. This class will include: cardio dance, muscle strength and endurance, all in one. Drop-in for all members.

A multi-level cardio class based on max interval training. Athletic/plyometric drills mixed with intervals of power, resistance, core and strength training. All levels of each exercise are provided. (55 min) SSC only

A multi-level, low-impact class. Step on an adjustable bench and step through a forward-motion video and music. (55 min) CG only

A yoga class combining the health and safety of your bones. All fitness levels.

A multi-level, low-impact class. Step on an adjustable bench and step through a forward-motion video and music. (55 min) CG only

A yoga class combining the health and safety of your bones. All fitness levels.
Hobbit’s Glen Golf Club
Howard County’s Best Golf Experience!
A par-72 championship course with wide open fairways, plenty of challenges and 18 holes of fun. The well-stocked pro shop meets all your golfing needs. Driving range and short-game practice area are open to the public. Hobbit’s hosts fundraising tournaments, corporate outings, leagues, clinics and lessons. Please call 410-730-5980 for more info or visit HobbitsGlenGolfClub.org.

Fairway Hills Golf Club
Howard County’s Best Golf Value!
You don’t need to be a CA member to enjoy this par-70 regulation course with a clubhouse, snack bar, pro shop, practice range and green, outings and lessons. Call 410-730-1112 for more information or visit FairwayHillsGolfClub.org.

Membership Options
7-Day Golf, 5-Day Golf&Play, and Golf Fit&Play memberships, which cover green fees and provide additional benefits, include play at Hobbit’s Glen and Fairways Hills golf clubs. Please call 410-730-5980 for more info or email Lorraine.Seelaus@ColumbiaAssociation.org.

Reserving a Tee Time
Fairway Hills Golf Club 410-730-1112
Hobbit’s Glen Golf Club 410-730-5980
7-Day Golf, 5-Day Golf&Play, 7-Day Golf, and Golf Fit&Play members may reserve tee times eight days in advance. CA Fit&Play members may reserve tee times seven days in advance. Columbia Cardholders and non-members may reserve tee times seven days in advance at Fairways Hills only. At Hobbit’s Glen, 7-Day Golf and Golf Fit&Play members may reserve tee times on weekend mornings through the weekend lottery system. All members except for Play and Fit members may reserve weekend tee times by calling on Tuesdays after noon (12pm).

Green Fees
Fees subject to change
Fairway Hills Golf Club 410-730-1112 • Hobbit’s Glen Golf Club 410-730-5980

New to golf? Try any of the following Get Golf Ready classes to get started!

- **Intro to Golf**
  - CA mbrs., $110 • non-mbrs., $125
  - 5-week sessions, Fairways Hills Tue, May 1, Jul 10 • 4:30-5:30pm Wed, May 2; Jul 11 • 4:30-5:30pm Thu, May 3; Jul 12 • 4:30-5:30pm Fri, May 4; Jul 13 • 11am-noon Sat, May 5; Jul 14 • 9-10am and 10:30-11:30am Call 410-730-1112 (option 7) to register.
  - Use of clubs, balls, driving range, putting green and five hours of professional instruction to give you the skills you need to begin playing.

- **Improving Your Short Game**
  - CA mbrs., $110 • non-mbrs., $125
  - 5-week sessions, Fairways Hills Mon, May 7; Jul 9 • 9-5:30-6:30pm Wed, May 2; Jul 11 • 11am-noon Call 410-730-1112 (option 7) to register.
  - Designed to improve your game from 50 yards and in. Topics include putting, chipping, pitching and bunker play.

- **Developing Your Full Swing**
  - CA mbrs., $110 • non-mbrs., $125
  - 5-week sessions, Fairways Hills Thu, May 3; Jul 12 • 6-7pm Sun, May 6; Jul 15 • noon-1pm

- **Get Golf Ready**
  - Open to everyone
  - Mbrs., $125/session
  - Non-mbrs., $150/session
  - 5-week sessions, Fairways Hills Mon, Apr 23; Jul 9 • 5:30-8pm Call 410-730-1112 (option 7) to register.
  - Includes 30 minutes of instruction followed by two hours on the course with an instructor, playing a scramble format. Designed for graduates of Get Golf Ready classes who would like more instruction while actually being on the course. $10 fee each week for golf and cart.

Tee off at two of Howard County’s best golf clubs — Hobbit’s Glen and Fairways Hills! Both clubs offer driving ranges, leagues, social events, outings, PGA and LPGA certified pros for lessons, tournaments and more. Interested in joining a membership to get unlimited green fees and no monthly minimums? To learn more, visit ColumbiaFit.org/golf.

Hobbit’s Glen Golf Club
1130 Willowbottom Drive
410-730-5980
Fairways Hills Golf Club
5100 Columbia Road
410-730-1112

Includes green fees, bucket of balls and cart for two players. To get your voucher, visit ColumbiaFit.org/golf.

Golf Cart Fees
Fees subject to change
Hobbit’s Glen and Fairways Hills

<table>
<thead>
<tr>
<th>CA Fit&amp;Play</th>
<th>Other CA mbrs.</th>
<th>Columbia Cardholders and guests of mbrs.</th>
<th>Non-mbrs</th>
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<td>Hobbit’s Glen</td>
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<td>2 Person Cart Fee</td>
<td>9 Holes…</td>
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Call 410-730-1112 (option 7) to register. Topics include iron play and improving accuracy with driver/fairway woods for a better game off the tee.

Breaking 100 on the Course
CA mbrs., $110 • non-mbrs., $125
5-week sessions, Fairways Hills Tue, May 1; Jul 10 • 6-7pm Mon, May 7; Jul 9 • 7-8pm Call 410-730-1112 (option 7) to register.
Five hours of professional instruction on the course. This course is designed to help you break the 100 barrier on the golf course. You will have a personal plan for practice and strategy for reaching your goal of breaking 100.

Golf on the Course
Open to everyone
Mbrs., $125/session
Non-mbrs., $150/session
5-week sessions, Mon, Apr 23; Jul 9 • 5:30-8pm Call 410-730-1112 (option 7) to register.
Includes 30 minutes of instruction followed by two hours on the course with an instructor, playing a scramble format. Designed for graduates of Get Golf Ready classes who would like more instruction while actually being on the course. $10 fee each week for golf and cart.

- **Intro to Golf**
  - CA mbrs., $110 • non-mbrs., $125
  - 5-week sessions, Fairways Hills Tue, May 1; Jul 10 • 4:30-5:30pm Wed, May 2; Jul 11 • 4:30-5:30pm Thu, May 3; Jul 12 • 4:30-5:30pm Fri, May 4; Jul 13 • 11am-noon Sat, May 5; Jul 14 • 9-10am and 10:30-11:30am Call 410-730-1112 (option 7) to register.
  - Use of clubs, balls, driving range, putting green and five hours of professional instruction to give you the skills you need to begin playing.

- **Improving Your Short Game**
  - CA mbrs., $110 • non-mbrs., $125
  - 5-week sessions, Fairways Hills Mon, May 7; Jul 9 • 9-5:30-6:30pm Wed, May 2; Jul 11 • 11am-noon Call 410-730-1112 (option 7) to register.
  - Designed to improve your game from 50 yards and in. Topics include putting, chipping, pitching and bunker play.

- **Developing Your Full Swing**
  - CA mbrs., $110 • non-mbrs., $125
  - 5-week sessions, Fairways Hills Thu, May 3; Jul 12 • 6-7pm Sun, May 6; Jul 15 • noon-1pm

- **Get Golf Ready**
  - Open to everyone
  - Mbrs., $125/session
  - Non-mbrs., $150/session
  - 5-week sessions, Fairways Hills Mon, Apr 23; Jul 9 • 5:30-8pm Call 410-730-1112 (option 7) to register.
  - Includes 30 minutes of instruction followed by two hours on the course with an instructor, playing a scramble format. Designed for graduates of Get Golf Ready classes who would like more instruction while actually being on the course. $10 fee each week for golf and cart.

- **Golf on the Course**
  - Mbrs., $125/session
  - Non-mbrs., $150/session
  - 5-week sessions, Mon, Apr 23; Jul 9 • 5:30-8pm Call 410-730-1112 (option 7) to register.
  - Includes 30 minutes of instruction followed by two hours on the course with an instructor, playing a scramble format. Designed for graduates of Get Golf Ready classes who would like more instruction while actually being on the course. $10 fee each week for golf and cart.
**Golf**

**Red Zone Challenge**
One of the biggest keys to low scores on the golf course is your ability to get the ball in the hole quickly from inside 100 yards — the red zone. In this program we will focus on improving your putting, chipping, pitching and bunker skills so you can score better on the course.

For up-to-date schedule and pricing, call Hobbit’s Glen at 410-730-5980 or visit www.hobbitsglengolfclub.org.

**Session One**
- Wed and Thu, 5-6pm
- Mar 28 and 29, Apr 4, Apr 5 and 11
- Instructor: Joan Lovelace

**Session Two**
- Mon and Tue, 5:30-6:30pm
- Apr 9, 10, 16, 17, 23
- Instructor: TBD

**Session Three**
- Wed and Thu, 5:30-6:30pm
- May 2, 3, 9, 10, 16
- Instructor: Joan Lovelace

**Session Four**
- Mon and Tue, 5:30-6:30pm
- Jun 7, 8, 13, 14, 20
- Instructor: TBD

**Session Five**
- Wed and Thu, 5-6:30pm
- Jun 25, 26, Jul 2, 3, 9
- Instructor: TBD

**Session Seven**
- Wed and Thu, 5-6:30pm
- Jul 25 and 26, Aug 1, 2, 8
- Instructor: Joan Lovelace

**Session Eight**
- Mon and Tue, 5-6:30pm
- Aug 20, 21, 27, 28
- Sep 4
- Instructor: TBD

**The First Tee of Howard County**

The First Tee of Howard County is a program affiliated with The First Tee national office, a World Golf Foundation initiative dedicated to creating access to golf with a special emphasis on young people who otherwise may not have an opportunity to experience the game. The First Tee of Howard County gives young people a chance to play and enjoy the sport. Beyond introducing them to the game, the program aims to provide participants with an opportunity to acquire skills that will help them lead more productive and satisfying lives.

The First Tee of Howard County is located at Fairway Hills Golf Club. Please call 410-730-1114 for more information or visit TheFirstTeeHowardCounty.org.

**Individual Lessons**

**Fairway Hills and Hobbit’s Glen Golf Clubs**

- One 45-minute private lesson
  - CA members: $70
  - CA Cardholders and non-members: $75

- Four 45-minute private lessons
  - CA members: $260
  - CA Cardholders and non-members: $280

- Ten 45-minute private lessons
  - CA members: $650
  - CA Cardholders and non-members: $700 (includes range key for practice worth $100)

- One 30-minute private lesson
  - CA members: $95
  - CA Cardholders and non-members: $100

- Four 30-minute lessons
  - CA members: $250
  - CA Cardholders and non-members: $250

- Private group lesson discounts available. Form your own group of three or more.

Call Hobbit’s Glen at 410-730-5980 or Fairways Hills at 410-730-1112.

With individual lessons, CA’s professional golf instructors provide the guidance you need to learn the essential concepts of an efficient stroke, build your individual golf stroke and apply your golf stroke to chipping, chipping, putting and bunker play.

Difficulties with an inconsistent drive, bad dice or hook, hitting out of bounds and many other frustrating experiences you experience can be addressed.

**Driving Ranges and Practice Greens**

Driving ranges are open to everyone 9am to dusk. On Monday, the Hobbit’s Glen range closes two hours before dusk. Hobbit’s Glen has 24 driving tees, two lesson tees, one practice tee for chipping, sand shots, putting and a new shot game area. Fairways Hills has 23 range tees, a putting green and a practice sand trap. Fairways Hills range opens at 1am Wednesday.

Range ball debit keys can be purchased at both clubs. Please call Hobbit’s Glen at 410-730-5980 or Fairways Hills at 410-730-1112.

**Junior/Youth Green Fees**

See page 25 for more information.

**Women’s Twilight League**

From late March to early September, the Women’s Twilight League plays nine holes on Thursday afternoons (times from 4:30-5:30pm), alternating between Hobbit’s Glen and Fairways Hills golf clubs. Open to women of all ages with Golf experience required. For additional information, call 410-730-5980 for Hobbit’s Glen, or 410-730-1112 for Fairways Hills, email lmaclayday@aol.com, or please visit women’s @lgbt.xeric.com.

**Ladies’ 9-Hole League**

Wide range of skill levels. Join the league for play on Tuesday mornings at Hobbit’s Glen and Thursday mornings at Fairways Hills.

For more information, call 410-730-5980 or email Beth Leaman at beth.leaman@gmail.com for Hobbit’s Glen, or 410-730-1112 or email Madeline Butler at madeline.butler@lgbt.xeric.com for Fairways Hills.

**Ladies’ 18-Hole League**

Come and enjoy the game of golf with the Hobbit’s Glen women on Wednesday mornings. All ages welcome to participate in tournaments throughout the season. For more information, call 410-730-5980 or email league chairperson Claire Albert at clairelhaller@comcast.net.

**Fairways Hills Green League**

- CA members: $65 or non-members: $75

6-week sessions begin Wed, Apr 25; Jul 11 and Wed, 5-8pm

For graduates of Get Golf Ready classes who want to take their new golf skills on the course. Topics such as ready golf, etiquette, basic rules and course management will be covered. There is a $10 fee each week for golf and cart.

For information, call 410-730-1112.

**Fairways Hills Men’s Thursday Twilight League**

For male golfers who want to play a recreational round of golf with a regular schedule. Tee times begin at 5:30pm. For more information, email dbgrossman@verizon.net.

**Junior Golfer Green Fees**

Fairways Hills Golf Club, 410-730-1112 • Hobbit’s Glen Golf Club, 410-730-5980

**Fairway Hills Golf Club**

- CA members: $65 or non-members: $75

6-week sessions begin Wed, May 25; Jul 25 and 26, Aug 1 and 2; 8am-9am

- Instructor: Joan Lovelace

Fairways Hills offers a variety of junior programs, which include Twilight League, Spring Break Academy, Summer Academy, Twilight League. For more information, please call 410-730-5980.

**Junior Golf League**

- CA members: $65 or non-members: $75

6-week sessions begin Wed, May 25; Jul 25 and 26, Aug 1 and 2; 8am-9am

- Instructor: Joan Lovelace

Fairways Hills offers a variety of junior programs, which include Twilight League, Spring Break Academy, Summer Academy, Twilight League. For more information, please call 410-730-5980.

**Golf Outings and Fundraisers**

Hobbit’s Glen and Fairways Hills can accommodate groups from 12 to 144 golfers. Hobbit’s Glen hosts large outings on Mondays and small outings throughout the week. The Tournaments Committee will provide delicious food and beverages at Hobbit’s Glen. Fairways Hills hosts shotgun range tournaments on Monday, Wednesday and Friday mornings or afternoons. Catered fees, cart and range are included.

For more information about Fairways Hills, call Don Van Duren at 410-730-1112; for Hobbit’s Glen, call Lorranse Selaau at 410-730-5980.

**Artwork by**

Please visit ColumbiaFit.org/golf and select the golf course of your choice to receive your latest offers!
Fairway Hills Golf Club
Recurring schedule weekly
Mon, 4:30pm ... FootGolf
Tue, 4:30pm ... Verizon League
Wed, 4pm ... Honeywell League
Wed, 5pm ... Green League
Thu, 8:30am ... Ladies' 9-Hole League
Thu, 4pm every other week ... Women's Twilight League
Thu, 4:30pm ... Men's Twilight League

Hobbit’s Glen Golf Club
Recurring schedule weekly
Tue, 8:30am ... Ladies’ 9-Hole
Wed, 8:30am ... Ladies’ 18-Hole
Thu, 8:30am ... Senior Men’s Assoc
Thu, 4pm every other week ... Women’s Twilight League

Hobbit’s Glen Golf Club tournaments and events
5Day Golf&Play, 7DayGolf, GolfFit&Play members and CA Fit&Play members with established handicaps at Hobbit’s Glen may participate in tournaments and events. Please call Hobbit’s Glen Golf Club at 410-730-5980 for more information.

May
Tue, May 2 ... Golf Member/Guest Day
Sat-Sun, May 19-20 ... Match Play Club Tournament
Sun, May 27 ... Couples Tournament
June
Sat-Sun, June 2-3 ... Member-Member Tournament
Tue, Jun 5 ... Women’s Golf Day
Sun, Jun 10 ... Couples Nine & Wine
Tue, Jun 19 ... Annual Member/Guest Day
Sat-Sun, Jun 23-24 ... Medal Play Club Championship
July
Tue, Jul 3 ... Independence Day, Individual Medal Play
Tue, Jul 10 ... Annual Member/Guest Day
August
Sat, Aug 12 ... Parent/Child Tournament
Sat, Aug 19 ... Junior Club Championship
Sat, Aug 25 ... Peggy Kirk Bith Girls’ Golf Tour
Tue, Aug 28 ... Annual Member/Guest Day

Hobbit’s Glen Golf Club 410-730-5980
Fairway Hills Golf Club 410-730-1112
Both clubs offer pro shops to meet your golfing needs at competitive prices. Hobbit's Glen Golf Club pro shop carries golf bags, leather club head covers, shoes, gloves, balls, sunglasses, range finders and accessories from famous popular brands such as Callaway, Titleist® and FootJoy. Apparel for men and women from Antigua, Nivo, Under Armour® and FootJoy is also available. If clubs are what you need, Hobbit’s Glen is equipped to custom fit using the Callaway fitting system. Pricing is available for individual or corporate purchases. Great gift items from Spartina and The Littlest Golfer will complete your shopping experience!

Columbia Swim Center 410-730-7000
Need goggles, caps or other swimming accessories? Visit Columbia Swim Center’s front desk for your various swimming needs.

Columbia Ice Rink 410-730-0322
Offering sharpening service for hockey and recreational figure skates. Call in advance for technician’s availability. Socks and gloves are available for general skating. Hockey accessories, mouthguards, laces and hockey tape are also available.

Columbia Athletic Club Indoor Tennis 410-720-0149
Long Reach Tennis Club 410-423-4120
Owens Brown Tennis Club 410-281-7255
Wide Lake Tennis Club 410-730-3767
Fully stocked with accessories and rackets. Watch for monthly sales!
Haven on the Lake is a 27,000-square-foot retreat right in the heart of Columbia, designed to stimulate your well-being and vitality through restorative and health-enhancing experiences. Haven’s approach is one of caring, positively and empowerment. The environment at Haven on the Lake will invite you to connect with your inner spirit, energize your body and soul, and relax.

Haven on the Lake is also available for private rentals — a serene environment with multiple options for your event. The entire facility can be rented, as well as conference spaces, mind body studios and even our beautifully landscaped outdoor green spaces.

For more information, call your Haven on the Lake mind body retreat host at 410-715-3020 or visit HavenontheLake.org.

Haven on the Lake offers two annual membership options:

- **Refresh** provides unlimited access to Haven on the Lake’s healing environments and mind body movement classes.
- **Revive** provides unlimited access to Haven on the Lake’s healing environments and mind body movement classes.

Haven amenities include:

- Mind body movement classes, including aqua, barre, circuit training, internal energy, Pilates, TRX®, yoga and more (additional fee required for Refresh members)
- Movement and relaxation pool
- Hot tub overlooking Lake Kittamaqundi
- Crystal salt therapy room
- Steam bath
- Tropical rain shower
- Cold plunge
- Men’s and women’s saunas
- Men’s and women’s resort areas
- 3,000-square-foot veranda overlooking Lake Kittamaqundi
- WellSpace services (additional fee required)

Haven on the Lake offers a variety of classes such as Yoga, Pilates, TRX®, Healing Environments and Mind Body Movement Classes.

**Transformative meditation and rolling classes** reduce stress, enhance cognition, and improve overall well-being. A variety of styles are offered, Self-massage, foam rolling, and the use of T Sphere® balls provide overall relaxation for the entire body.

**Tai Chi and GQong classes** create strength, flexibility and balance in the muscles and joints through gentle flowing movement. Both are known to moderate blood pressure, reduce stress and generate overall well-being and physical harmony. You will leave these classes feeling an immense sense of calmness and restoration.

For detailed class descriptions, please visit HavenontheLake.org.

In today’s rapidly evolving, fast-paced culture, it can be almost impossible to find even a minute for yourself. Spending time away from your daily routine can revitalize your senses and allow you to see things more clearly. At Haven on the Lake, you will gain the opportunity to do just that — to restore and refocus your mind.

Haven on the Lake’s mind body classes offer the perfect combination of physical strengthening, flexibility and stress reduction.

We offer memberships tailored to meet your individual needs. Please contact Haven on the Lake to schedule a convenient time to meet with one of Haven’s wellness professionals, who will work with you to develop a plan that is right for you.

Create strength and awareness in both mind and body with yoga. Improve flexibility, manage weight, increase energy and heal from injuries. Yoga has proven to reduce stress, relieve pain and increase both physical and inner strength, all while enhancing positivity and a healthy peace of mind. From breaking a sweat to deep relaxation, Haven on the Lake offers a variety of classes such as Vinyasa, Hatha Vinyasa, Hatha Restorative, Alignment Yoga and more.

Work the deep core muscles of the body in order to enhance performance in daily life and athletics with Pilates. Pilates Mat, Pilates Mat/Chair and Reformer classes will elongate and strengthen your body while improving muscle elasticity and overall joint mobility. It can flatten your abs, shape your buttocks and legs, increase strength, invigorate the mind and improve posture, balance and coordination. Pilates Mat, Mat/Chair and Reformer Orientation are free for all Revive members. All other small groups, duets and private sessions have a fee.

**Sculpt, slim and stretch your entire body with dance-based fitness classes, including barre and LaBlast® Fitness.**

A ballet-inspired class, barre targets all muscles and tones using small movements that strategically strengthen your entire body. Exercises can be modified. LaBlast dance fitness offers cardio and toning, all in an easy-to-follow format. Free for all Revive members.

**Maximum results in minimal time with Haven Circuit.**

A 45-minute efficient conditioning and muscle-sculpting mind body class that focuses on the entire body. Offered in both our pool and mind body studios, you will burn calories and challenge your whole body in a low-impact, high-energy, effective workout. Free for all Revive members.

**TRX® delivers a total body workout.** It doesn’t matter if you are a serious athlete or just beginning your fitness program; TRX suspension training is beneficial for all levels. With two adjustable bands, you will benefit from a comprehensive, functional and safe workout that will target every single muscle in your body. This is a low-impact workout, so stress on joints is greatly reduced.

Aqua mind body classes build cardio, strength and resistance, all while being easy on the joints. Classes are results-driven for all levels of fitness. Aqua Spin allows you to burn calories and increase your stamina. Other classes such as Aqua Yoga, Aqua Plates, Aqua Barre and Aqua Fusion help you de-stress and safely work your entire body.

**T’ai Chi and QiGong classes** create strength, flexibility and balance in the muscles and joints through gentle flowing movement. Both are known to moderate blood pressure, reduce stress and generate overall well-being and physical harmony. You will leave these classes feeling an immense sense of calmness and restoration.

Deepen your practice and improve your form with the intimacy of one-on-one or small group attention in aqua, barre, meditation and rolling, Pilates, TRX®, and yoga. Members may request any of our highly trained instructors for private or small group sessions for an additional fee.

Small group Pilates classes include Reformer and Mat Tower and are offered in sessions for an additional fee.

A schedule of small group Pilates classes is available at HavenontheLake.org. If our schedule does not match yours, we invite you to create your own group! Identify a group, find the best times for you, contact us, and we will do our best to find an instructor.

Contact HOL@ColumbiaAssociation.org for more information or visit our website at HavenontheLake.org/pilates.

**Watsu® Private**

This profoundly relaxing form of mind body therapy is performed in warm water by a certified Watsu practitioner. Participants are continuously supported while being floated, cradled, rocked and stretched. Additional fee.
Pilates Privates, Duets and Group Training

All Pilates instruction seeks to create wellness by adhering to six basic principles: concentration, centering, control, breath, precision and flowing movement. At Haven on the Lake, you will find a quality of class that is unique anywhere else in an environment that will encourage your mind and body to work together to achieve your wellness goals.

Private and Duet Reformer

are offered in packages of four, eight and 12 sessions. Contact HollyontheLake.org/pilates. Reformer, each dependent and built upon more than 100 movements created for the while standing, sitting or kneeling. There are horizontal plane was important to relieve one of Joseph Pilates’ original inventions. Reformers are the most popular pieces of Pilates equipment and are used in Haven Spin and Haven Circuit.

Mat Tower

Stretch and strengthen your body while working on the Pilates mat and attached Tower. The Tower has arm and leg springs to lengthen the body and bars to add resistance. Feel stronger and longer after every class.

Why Aqua at Haven on the Lake?

There are many benefits to aqua-based workouts, and at Haven on the Lake we are taking your aqua classes to a whole new level. Designed to meet many fitness levels and needs, an aqua class offers many benefits, such as cardio and toning, cross-training, and stress relief.

What are some other benefits of participating in aqua classes at Haven on the Lake? Haven on the Lake aqua classes:

• Provide equipment you will not find anywhere else in Columbia or Greater Howard County, including aqua bikes, trampolines, and gliders used in Haven Spin and Haven Circuit.
• Include Aqua Yoga, Aqua Pilates, and Aqua Barre in an 18 degree pool.
• Give class attendees full access to Haven’s healing environments before or after classes.
• Also include the special Friday Night Summer Lights, which take place the first Friday of every month. Free for all members, this is a relaxing way to start your weekend with meditation and relaxation in our healing environments with added refreshments.

Along with the resistance that water creates, the buoyancy allows you to weightlessly move, turn and stretch regardless of your fitness level. Take advantage of this ideal way to safely improve your cardiovascular health, range of motion, flexibility, strength, and overall well-being. Learn more details about all of Haven’s aqua classes and check out a full list of mind body movement classes on our website, or call 410-715-3020 for more information.

Don’t forget to like us on Facebook, Twitter and Instagram to keep up with the latest happenings.

Special Events and Ongoing Classes

Expand your horizons, deepen your knowledge, receive personalized attention, and connect with like-minded members of the community. Workshop and special event registration fees include use of Haven on the Lake healing environments on the day of the program. Register early! Kidspace is available for non-members for a fee; call 410-715-3020 for more information. Minimum number of attendees required for all sessions.

Special Events

• Haven Summer Night Lights
  First Friday of the month, 8-10pm
  Join Haven on the Lake and Columbia Association dance fitness instructors outdoors under the People Tree every Friday night for an easy to follow, song-by-song dance fitness class. Includes pop, hip-hop, oldies, line dancing and more. Fun for all ages. Weather permitting.

• Dancin’ Under the the People Tree
  Fri, Jun 22-Sep 7 • 7-8pm
  Join Haven on the Lake and Columbia Association dance fitness instructors outdoors under the People Tree every Friday night for an easy to follow, song-by-song dance fitness class. Includes pop, hip-hop, oldies, line dancing and more. Fun for all ages. Weather permitting.

Special Ongoing Classes

• Community Vinyasa Yoga
  Revive mbrs, free
  Other, $7
  Offered every Saturday.

• National Pilates Day: Abs, Core and More!
  Sat, May 5 • 9:30-10am
  Free for everyone
  Join us for a free outdoor Mat Pilates class at Haven on the Lake. Class will be moved indoors in the event of inclement weather. Limited space; register early by calling 410-715-3020.

NEW EVENTS AND WORKSHOPS

are scheduled and ongoing (see page 33). Visit HavenontheLake.org/events for a complete listing of dates, pricing and details.
Now you can register anywhere!

Our app (available for Android and iOS devices) puts group fitness class registration, tennis time reservations and account information right at your fingertips!

It’s easier than ever to sign up with our app — search “Columbia Association.” And you don’t have to be a member* to use it — create a guest account and you’re all set!

*Not all classes and programs are available to non-members.

Lakefront Wednesdays noon-2pm • June 27-August 15
Lunchtime concerts featuring various area musicians.
For a schedule, please visit ColumbiaAssociation.org/LFW!

Lakefront Summer Festival Concerts and Movies
June 18-September 30 • Free Evening Entertainment
Live Music on Tue, Wed, Thu, Sat 7:30pm • Sun 6:30pm through August 18
Sundays in September • 3pm
Family Movies on Mon and Fri, June 18-August 27 • 8:30pm,
Fri and Sat, August 31-September 8 • 8:30pm
Schedules available at most CA facilities or visit
ColumbiaAssociation.org/lakefront/festival.

Dancin’ Under the People Tree Friday, 7-8pm • June 22-September 7
Free dance instruction for all levels of experience!

For more information, please call 410-715-3162.

Summer Mind Body Workshops

Summer Solstice 108 Sun Salutations
with Heather Jefferson
Sat, Jun 23 • 1:30-3pm
Haven and CA mbrs, $10
Non-mbrs, $12
An empowering, nourishing practice to celebrate the summer solstice. As the days grow longer and brighter, our bodies absorb more energy. Let’s harness that energy and come together as a community to salute the sun, the provider of all life. This invigorating practice will leave you feeling cleansed, powerful and energized for a wonderful summer ahead.

Foot-tastic: Reflexology for Common Conditions
with Kelly Neylan
Sat, Aug 4 • 2-3:30pm
Would you like to try simple hand and foot reflexology techniques to help ease many common conditions? Come learn the hand and foot reflexology relief points for the sinuses, lungs, digestion, joints, relaxation and more. Learn how to pair essential oils with the reflexology points for additional comfort and pamper yourself in self-healing this summer.

Introduction to Meditation
with Jennifer Reisler
Sat, Aug 11 • 1:30-3pm
Familiarize yourself with simple mindfulness techniques that will help you to establish and commit to a meditation practice. Explore various meditation approaches such as sitting, walking and awareness. Suitable for beginners and experienced meditators. Be receptive to the beautiful freedom of learning to ground ourselves in the present moment!

Visit Havenonthelake.org for more information. For dates and to register for all upcoming events and workshops, call 410-715-3020 or please email HOL@ColumbiaAssociation.org.

Sign up early! A minimum number of registered participants is required for the workshops to be held.

Partners Prenatal Yoga
with Destiny Ingram
Sat, Jun 9 • 2-3:30pm
Join us for a special opportunity for couples to bond with each other and their baby. Learn breathing techniques to relax and prepare for birth. Women will be able to strengthen muscles needed for birth and will stretch areas that become compressed during pregnancy.
Partners will learn valuable yoga poses and postures that will also help them connect to each other and their baby, build emotional support, and reduce any stress or anxiety.

Moving from Your Center for Mind, Body and Soul
with Julie Reisler
Sun, Jun 17 • 4-6pm
A meaningful workshop including Mat Pilates, meditation and mindfulness to become the best you.
CA isn’t just committed to the fitness of Columbia as a community, though our top-notch facilities make it easy to get in a great workout no matter how you like to exercise.

We’re also committed to community health and wellness.

The programs listed on the next page highlight some of what CA has to offer — classes, workshops and special events that not only help you be fit, but also improve your health and wellness. Find out more about these listings in the pages of the Activities Guide or by contacting the hosting facility.

PERSONAL TRAINING

Looking to reap the benefits of a personalized workout — but still want the feeling of camaraderie you get from a group fitness class? CA’s Personal Training Program offers year-round, monthly Small Group Training classes in a private setting for up to 10 guests at all fitness clubs, as well as private one-on-one training. Choose one or both of these options to complete your total wellness program.

For more information, visit ColumbiaAssociation.org/personaltraining or email Personal.Training@ColumbiaAssociation.org.

YEAR-ROUND OPTIONS

- **Columbia Optimal Health**
  - Helps you lose weight through motivation, physical activity and healthy eating.
- **Fit Beginnings**
  - Designed to help you integrate regular exercise into your lifestyle.
- **Columbia Optimal Health for My Baby & Me**
  - Helps babies and moms (or moms-to-be) become healthier with nutrition, fitness and behavioral health components.
- **Columbia YouthFit**
  - Helping families get healthy through motivation, physical activity and healthy eating.

For more information on these programs, visit ColumbiaAssociation.org or call 410-715-3128.
Columbia Association Medical Advisory Board

Dr. Harry Oken, MD
Columbia Association Medical Director
Dr. Oken provides CA with general consultation regarding CA’s fitness, wellness and nutrition programs and services. He also assists CA in the continued development of medically-based programs to which physicians will be comfortable sending their patients. To date, more than 200 physicians have referred their patients to the Fit Beginnings, Columbia Optimal Health, Columbia Optimal Health for My Baby & Me, and Columbia YouthFit programs.

Columbia Optimal Health is a comprehensive wellness program designed for those whose weight is contributing to health issues. Participants work with a CA personal trainer, meet with a nutritionist and learn from a wellness coach during the eight-week program. Columbia Optimal Health is available to both CA members and non-members with a physician referral.

Columbia Optimal Health for My Baby & Me is a personalized program focusing on improving the health of pre- through postnatal women and their babies. Participants have unlimited use of the mind body wellness classes and healing environments at Haven on the Lake and receive nutrition education and wellness coaching. My Baby & Me is available to both CA members and non-members with a referral from your obstetrician practitioner.

Columbia YouthFit is an eight-week program focused on developing healthy habits through fun games, fitness activities, nutrition counseling and life coaching. Columbia YouthFit is available to both CA members and non-members with a physician referral. For more information on any of these programs, visit ColumbiaAssociationNewU.org or call 410-715-3128.

Columbia Optimal Health for My Baby & Me
F&P and G&F, $250
All other CA members and Columbia Cardholders, $300
Non-members, $400
Ongoing registration and sessions held at Haven on the Lake
For more information, call 410-715-3128 or visit ColumbiaAssociationNewU.org.
Are you trying to get pregnant? Are you pregnant? Have you recently delivered?
Do you want to optimize your weight and your baby’s weight? Do you have back pain or need more energy?
Do you want to be stronger and in control for your labor and delivery? My Baby & Me is a physician referral program focusing on pre- through postnatal health.

Columbia YouthFit for My Baby & Me
F&P, $250 per family
Non-members, $350 per family
Wed, 6:30-8:30pm - ongoing registration
Columbia Gym, 410-531-0800
For more information or to register, please call 410-715-3128 or visit ColumbiaAssociationNewU.org.
Does your family eat a lot of fast food or grab whatever they can find and rush out the door? Sometimes parents don’t realize their busy lifestyles are contributing to their children’s health issues.

Columbia YouthFit is a program focused on creating healthy families. Fun, informative sessions motivate family members and address exercise, nutrition, and lifestyle issues that inhibit families from living a healthy lifestyle. Participants of this program enjoy all the benefits of CA FItPlay membership and KidSpace.
**Martial Arts**

**Pride, skills, power, strength and grace.**

Some 100 million people throughout the world practice martial arts for a variety of reasons, including self-defense, physical fitness, mental tranquility and competition. Among the many benefits are improved concentration, confidence, self-esteem and self-discipline. Children enjoy CA’s martial arts program because it’s fun. Parents have found that it helps instill discipline, self-respect and character development.

For more information, pricing and to register, call John Bannon at 410-531-8927.

### Class Descriptions

**Aikido**

Aikido is a Japanese martial art that involves throws and joint locks. Aikido focuses not on punches or kicks but on using an opponent’s own energy against him. Positive aspects include self-defense, physical fitness and peace of mind. No experience necessary.

**Karaté-Tae Kwon Do**

To improve your strength, coordination, build your confidence level, relieve stress and give you an all-around good workout. Self-defense is an important part of this class. All levels welcome. Expectation ranges from beginner to advanced. We also offer a fun family class that a parent and child can take together. Ask about monthly deduct plans.

**Aikido**

Try this fun martial arts class with your child. Ask about our free trial class.

**Multitalent Class**

Aikido is a Japanese martial art practiced by men and women for self-defense as well as physical fitness.

**Intermediate and Advanced**

Includes safety skills. See schedule on page 39 for class times.

**Family Class**

Columbia Gym - Ongoing sessions

**Thursday**

- 7:15-8pm .... Try this fun martial arts class with your child. Ask about our free trial class.

**Lil’ Dragon Program**

Ages 4-6

Family discounts apply

Columbia Gym - Ongoing sessions

**Monday**

- 5:30-6pm ........ Lil’ Dragons

For more information and registration, please call 410-531-8927.

**Tiny Dragons**

Ages 2-3

Columbia Gym - Ongoing sessions

**Wednesday**

- 6:45-7:15pm .... Advanced Tae Kwon Do

**Family Class**

Tiny Dragons program is for 2- and 3-year-olds. Program focuses on balance, coordination, basic listening and motor skills through fun drills, games and activities.

**Golf Fit & Play**

6 Days/12 Years Youth

7 Days/12 Years Teen

8 Days/12 Years Disabled

9 Days/12 Years Everyone

Online Registration

**Note:** Columbia Athletic Club will be closed for renovations from May through late fall. All martial arts classes will be held at Columbia Gym during this time.
Lifestyle. Energy. Results.

Experience a personalized program that can deliver all of this and more with CA’s personal training!

Are you struggling to meet your goals? What does success look like to you? Whether it’s better weight management, enhanced athletic performance or just overall vitality, CA’s team of nationally certified personal trainers will help you set realistic yet challenging goals, all based on what success means to you — and design a specific program that gets results.

*Price per session dependent upon package purchased.

With more than 30 certified, uniquely skilled personal trainers across three fitness clubs, we can find your perfect fit for achieving success.

CA offers a variety of options to fit your lifestyle, increase your energy and get the results you want:

- PRIVATE HOUR AND HALF-HOUR SESSIONS
- SEMI-PRIVATE SESSIONS (2-3 PARTICIPANTS)
- SMALL GROUP TRAINING/SPECIALTY CLASSES (4-10 PARTICIPANTS)

For more information, visit ColumbiaAssociation.org/personaltraining.

Sign up now for Columbia Association’s free fitness consultation!
**Welcome to KidSpace!**

KidSpace! is an interactive play area at Haven on the Lake and CA’s three fitness clubs, with amenities tailored to each, including a thrilling rock wall, computer room and state-of-the-art games and equipment. Plus, KidSpace holds kid-friendly events such as Movie Nights, Open Gym Volleyball and Adventure Days! Your kids will love getting active and meeting new friends while you work out! Visit ColumbiaAssociation.org/kidspaceto learn more.

**Ice Skating**

**Columbia Ice Rink**
Closed Sunday, June 18-20, August 12
Columbia Ice Rink will reopen Monday, August 13
5676 Thunder Hill Road, Columbia, MD 21045
410-730-0322 • Public session hotline: 410-730-0321
Email: Ice.Rink@ColumbiaAssociation.org
ColumbiaAssociation.org/iceskating
Everyone is invited.

- Daily public sessions, skate rental, skate sharpening service, snack bar, lessons, birthday parties, figure skating, ice shows and hockey. It is highly recommended that children ages 6 and younger wear helmets while skating.
- CA Fink/Play, Play, Day Golf/Play, and Golf Fink/Play members skate for free (excludes skate rentals) at public sessions.

**ADMISSION**
F&P, P, 5G&P, GF&P members:
- Adult, Child .......................... $7.25
- *Skate & Save – Mon-Thu, noon-2pm and Fri, 3:30-5:30pm. Skate rentals are not included.

**Other CA members**
- Adult, Child .......................... $8.25
- Skate Rental .......................... $3.75
- **Family Session (Sun/Thurs) ... $125 (includes four skate rentals)**

**Columbia Cardholders**
- Adult, Child .......................... $7.25
- Skate Rental .......................... $3.75
- **Family Session (Sun/Thurs) ... $115 (includes four skate rentals)**

- Non-members:
- Adult, Child .......................... $9.25
- Skate Rental .......................... $3.75
- **Family Session (Sun/Thurs) ... $125 (includes four skate rentals)**

*Ice & skate rental:*
- Adult, Child .......................... Free with ID
- *Skate & Save – Mon-Thu, noon-2pm and Fri, 3:30-5:30pm. Skate rentals are not included.
- **Family Session (Sun/Thurs) ... $125 (includes four skate rentals)**

**ADMISSION**
F&P, P, 5G&P, GF&P members:
- Adult, Child .......................... Free with ID
- Skate Rental .......................... $3.75
- *Family Session (Sun/Thurs) ... $125 (includes four skate rentals)**

**Other CA members**
- Adult, Child .......................... $7.25
- Skate Rental .......................... $3.75
- **Family Session (Sun/Thurs) ... $125 (includes four skate rentals)**

**Columbia Cardholders**
- Adult, Child .......................... $6.75
- Skate Rental .......................... $3.75
- **Family Session (Sun/Thurs) ... $115 (includes four skate rentals)**

- Non-members:
- Adult, Child .......................... $8.25
- Skate Rental .......................... $3.75
- **Family Session (Sun/Thurs) ... $125 (includes four skate rentals)**

- *Skate & Save – Mon-Thu, noon-2pm and Fri, 3:30-5:30pm. Skate rentals are not included.
- **Family Session (Sun/Thurs) ... $125 (includes four skate rentals)**

**SUMMER FIGURE SKATING LESSONS**
For registration information, call Columbia Ice Rink at 410-730-0322.
F&P, P, 5G&P, GF&P mbrs .... $120
Other CA members .............. $134
Columbia Cardholders ........... $148
Non-members ....................... $162
One-time annual ($717.60/19) Learn to Skate USA Program membership fee ($25) per skater is required for initial registration.

**U.S. Figure Skating Learn to Skate**
Classes are available on Wednesdays, Fridays, Saturdays and Sundays. Call for more info.

**Summer One**
- Held Aug 20-23 from 9:30-11:30am
- Held Aug 27-30 from 9:30-11:30am

**Columbia Skate Arena**
At Supreme Sports Club
7080 Deepage Drive, Columbia, MD 21045, 410-381-5355
Great for school functions, fundraisers, scouts, reunions, office/block parties, bar/bat mitzvahs and church groups. Do-it-yourself party packages are also available. For more information, call 410-381-5355 or visit ColumbiaAssociation.org/skate.

**HOURS**
May through June 10
Friday ........................................ 7-10pm
Saturday ........................................ 1-4pm and 7-10pm
Sunday .......................................... 1-4pm
June 15 through August
Friday ........................................ 7-10pm
Saturday ........................................ 1-4pm
June 18-20, August 12
Friday, Saturday ................................ 7-10pm
School’s One Skate is held during the academic year when Howard County public schools are scheduled to be closed for a full day. Public sessions subject to change. For a complete School’s One Skate schedule, please visit ColumbiaAssociation.org/skate.

**ADMISSION**
F&P, P, 5G&P, GF&P members:
- Adult, Child .......................... Free with ID
- Skate Rental .......................... $3.53 plus tax
- **Family Session (Sun/Thurs) ... $120 (includes four skate rentals)**

**Other CA members and Columbia Cardholders**
- Adult, Child .......................... $46.25
- Skate Rental .......................... $3.53 plus tax
- **Family Session (Sun/Thurs) ... $120 (includes four skate rentals)**

**Non-members**
- Adult, Child .......................... $49.25
- Skate Rental .......................... $3.53 plus tax
- **Family Session (Sun/Thurs) ... $120 (includes four skate rentals)**

*Skate assist devices available in various sizes on a first-come, first-served basis.*

Price is $2.59 plus tax per session.

**Save on Skate & Save – Mon-Thu, noon-2pm and Fri, 3:30-5:30pm. Skate rentals are not included.**

**Family Sessions on Sundays, 7:30-9:30pm. The cost is for a family of four; for each additional family member beyond four, the cost is $6 each. Family Session is not available when the following Monday is a holiday. Wednesday Home School: noun 2pm except when Howard County public school is scheduled to be closed for a full day, $7.25 per person, including shoes.

PUBLIC SESSIONS
- Monday-Thursday ........................................ noon-2pm
- Friday ........................................ 3:30-5:30pm, 7-11pm
- Saturday ........................................ 2-4pm
- Sunday ........................................ 1:15-3:15pm, 7:30-9:30pm

Family Session
- Sun, 7:30-9:30pm

All sessions are subject to change.

42 ColumbiaAssociation.org

ColumbiaAssociation.org 43
Sports & Recreation

Youth and Teen Center at The Barn • Shaping Today’s Youth for Tomorrow
5853 Robert Oliver Place, Oakland Mills Village Center
Hanging out at The Barn is a fun, safe way for youth to experience meaningful opportunities through civic engagement, gain positive youth development skills, socialize and participate in educational and recreational programs. The Barn provides access to a computer lab, billiard tables, multipurpose gym area and snack bar. Please call 410-992-3726, email CATeens@ColumbiaAssociation.org or check out ColumbiaAssociation.org/ystc for a monthly activity calendar and more.

The Drop-In Summer Recreation Program
Open recreation and enrichment program for youth and teens—9-19 years old
Summer Hours: Mon-Fri, 2-7pm • $40 registration fee required for The Summer Drop-In
Open to registered participants.

Summer Checkmates Chess Club
Mondays, 4-6pm • Jan 25-Aug 22
The Howard County Police Department has teamed up with the Youth and Teen Center to teach the fundamental moves of chess. Your skill level doesn’t matter—all students are welcome!

Youth and Teen Summer Adventures
Grades 3-12
Columbia residents: $75 per trip, nonresidents: $95 per trip • Ocean City and Cercy-Pontoise, France
Columbia residents: $85 per trip, nonresidents: $111 per trip • Kenjiya, Japan
July 12—Ocean City, Md
July 26—King’s Dominion/Chevy, Va.
Give your kid the best summer ever with these trips on select Thursdays. Excursions times vary. Space is limited. Register by Mon, June 4. Price includes transportation, entrance fees and some meals. Visit ColumbiaAssociation.org/ystc for more information.

CA Teen and Middle School Advisory Committees
Teen Advisory Committee (Ages 13-18) • Middle School Advisory Committee (Ages 11-13)
These two committees get young people involved in their community by planning, organizing and implementing positive programs and activities for their peers. In the process, they gain self-confidence and leadership experience. The commitment is to attend monthly meetings at The Barn and assist with planning events. For more information, email CATeens@ColumbiaAssociation.org or call 410-992-3726.

Sister Cities International High School Student Exchange
Howard County high school students can participate in month-long exchanges during the month of July with one of Columbia’s European sister cities: Cergy-Pontoise, France or Tres Cantos, Spain. Students live with a family in France or Spain for two weeks, then host the French or Spanish teens they lived with in their homes here during the last two weeks of July. Students applying for European exchanges need to have completed Level III or above of French or Spanish, or be a native speaker. For more information, please call 410-715-3162, visit ColumbiaAssociation.org/tenchange or email International@ColumbiaAssociation.org.

Global Leadership Program in Haiti
Each July, high school students can journey to Haiti with adult mentors for 10 days, working with Haitian youth in Camp Coq, near Columbia’s sister city, Cap-Haitien. For more information, visit ColumbiaAssociation.org/tenchange or call 410-715-3162.

Volunteer Center Serving Howard County
Interested in learning about our community and helping others while having fun, making new friends, and discovering what you enjoy doing? Volunteer for a local nonprofit! Learn more about ways to help others, including Camp Make a Difference, which is open to middle school students. For more information, please email Info@VolunteerHoward.org, visit VolunteerHoward.org or call 410-715-3172.

Spirit of Columbia Scholarship Award
Each year, up to six $500 scholarships are awarded to graduating Columbia high school seniors who have shown extraordinary dedication to performing community service. To be eligible, students must live on CA-assessed property or have a parent who works full-time on or owns CA-assessed property, have a minimum of a “C” average and have a demonstrated history of voluntary service to the Columbia community. Applications available online at ColumbiaAssociation.org/scholarship. For more information, please call 410-715-3161.

Columbia Community Exchange
Columbia Community Exchange time bank offers fun ways for teens and their families to connect with fellow community members through the mutual exchange of everyday services. Using Time Dollars as an exchange instead of money allows a member to earn a Time Dollar for every hour of service provided, and then use the Time Dollars to get services from another member. Free and open to all who live, work or play in Columbia and Howard County. Visit ColumbiaAssociation.org/timebanks; email CommunityExchange@ColumbiaAssociation.org or call 410-884-6121 for more information.

KidSpace!
is an interactive play area at Columbia Athletic Club, Columbia Gym, Haven on the Lake and Supreme Sports Club. Geared for children 6 weeks to 13 years of age, KidSpace amenities are tailored to each facility and may include kid-sized arenas, a rock wall, state-of-the-art games and fitness equipment.

Families with a KidSpace membership may utilize up to two hours per day per family. KidSpace memberships may be added to 1Fit and CA Fit&Play memberships, and are included with Golf Fit&Play memberships. Unless otherwise noted, registration for the following KidSpace activities and special events is required. Registration begins one month before each event and closes two days prior to the event. Payment is due at the time of registration. Fee programs are not part of your KidSpace daily time. Prices may vary for different events. Events will not be held with fewer than five participants. Register by phone or online (see page 4).

Columbia Athletic Club, 410-730-6755
Closed for renovations May through late fall
Columbia Gym, 410-531-8984
Haven on the Lake, 410-715-3022
Supreme Sports Club, 410-381-5759

Open Family Gym
Ages 5-13
Free for all members
Must be accompanied by adult
Sun, 8:30-10am
Supreme Sports Club KidSpace Youth Arena, 410-381-5759
A fun way to shoot hoops and for the whole family to stay healthy! Enjoy some one-on-one quality time with your child. Children must be supervised by parent/guardian while in the Youth Arena. Children must be 13 years of age or younger to participate

Central MD Youth Ballet
Greeting, Columbia Association, 410-730-6755
Please call Central Maryland Youth Ballet at 433-472-7772 for info and to register.
Pre-Ballet: Ages 3
Beginner Ballet: Ages 5-7
Balliet Ages 7 and older

Junior Gym & Swim
KidSpace members, free
All others, $8 per child
Tue, 10am-noon
Supreme Sports Club, 410-381-5759
Fri, 10am-noon
Columbia Gym, 410-531-8984
Ages 3-6 • No swim diapers
Week up a sweat in the gym, then cool off in the pool. Child must wear bathing suit under clothes. Parents drop off at KidSpace and pick up by the pool.

Parent/Child Class
KidSpace members, free
All others, $8
Ages 1-4, no registration required
Wed, 10-10:45am
Columbia Gym, 410-531-8984
Wed, 10:30-11:15am
Supreme Sports Club, 410-381-5759

Unstructured Free motor skills, light tumbling, hand/eye coordination, preschool cognitive development through matching, colors and shapes
Circle time Rhythm, group participation/ singing, books and puppets
Activity time Parents, guide and encourage social, mental and physical development through instruments, props and dancing

For more information, including times, dates and pricing, please visit ColumbiaAssociation.org/ks4
**KidSpace Fitness on Demand**

- **For reservations and rentals available.:**
  - Columbia Gym, 410-381-7255
  - Columbia Swim Center, 410-730-6765
  - Columbia Art Center, 410-730-7000
  - Columbia Association, 410-730-3767

**Rentals**

<table>
<thead>
<tr>
<th>Sports &amp; Recreation</th>
<th>Columbia Gym</th>
<th>Columbia Swim Center</th>
<th>Columbia Art Center</th>
<th>Columbia Association</th>
</tr>
</thead>
</table>

**Sports & Recreation**

- **Columbia Gym**
  - Columbia Gym is a great place to host corporate events, parties, team practices, overnight activities and many other possibilities. The facility has 6 studios, a large pool, a conference room and a spacious atrium, so the potential is endless. Black lights and disco ball as well as volleyball, badminton and table tennis are available. Call Columbia Gym at 410-531-0880, ext. 2341 for more information.
- **Columbia Swim Center**
- **Haven on the Lake**

**KidsSpace**

- **KidSpace Fitness on Demand**
  - KidSpace Fitness on Demand is a great place to host corporate events, parties, team practices, overnight activities and many other possibilities. The facility has 6 studios, a large pool, a conference room and a spacious atrium, so the potential is endless. Black lights and disco ball as well as volleyball, badminton and table tennis are available. Call Columbia Gym at 410-531-0880, ext. 2341 for more information.
- **Columbia Swim Center**
All guests are encouraged to rock two 15-minute halves with a scorekeeper. Get ready to hoop it up! Party features Columbia Gym, 410-715-3169.

Ages 8 and older.

Enjoy exciting party games and additional fee. Please reserve early; parties book quickly. For additional information and party rates, call 410-715-3169, email CA.Parties@ColumbiaAssociation.org or visit ColumbiaAssociation.org/CAparties.

Columbia Association parties generally include the following:

- Invitations
- Theme cake
- Food and beverage
- Colorful party products
- Activities that support the party theme
- Setup and routine cleanup
- Additional options or upgrades are available for an additional fee. Please reserve early; parties book quickly. For additional information and party rates, call 410-715-3169, email CA.Parties@ColumbiaAssociation.org or visit ColumbiaAssociation.org/CAparties.

Columbia Association has fun skating with all your friends. Skate rental included. Group instruction is optional. Instruction cost is $70 for 30 minutes for a maximum of 10 children. Parties are two hours and held during public skate sessions.

Note: Columbia Ice Rink is closed Sun 10-Aug 12.

Columbia Ice Rink, 410-730-0322
ColumbiaAssociation.org/icerink

Have fun skating with all your friends. Skate rental included. Group instruction is optional. Instruction cost is $70 for 30 minutes for a maximum of 10 children. Parties are two hours and held during public skate sessions.

Note: Columbia Ice Rink is closed Sun 10-Aug 12.

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Have fun skating with all your friends. Skate rental included. Group instruction is optional. Instruction cost is $70 for 30 minutes for a maximum of 10 children. Parties are two hours and held during public skate sessions. Please call 410-715-3169.

For additional information and party rates, call 410-715-3169, email CA.Parties@ColumbiaAssociation.org or visit ColumbiaAssociation.org/CAparties.
**Backyard weather?**

Sign up for CAAs.
Priority Notifications at ColumbiaAssociation.org/notify or call the Inclement Weather hotline at 410-715-3184.

Also, stay up to date by visiting ColumbiaAssociation.org or on social media: Facebook.com/ ColumbiaAssociation and Twitter.com/ColumbiaAces.

Get the latest on CA facility closures, program/camp modifications and more.

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**Youth Fitness Consultation**

CA mbrs, free • non-mbrs, $50

Columbia Athletic Club 410-730-6744
Columbia Horse Center 410-715-3054

Columbia Association's Youth Fitness Consultation is available to youth members 10 years of age and older. Consultations are scheduled for a personal one on one session.

**Sports for Kids**

Columbia Association meets the needs of youth from ages 3 through 18 through a variety of programs ranging from basic fitness activities to the more advanced sports including tenpin bowling, T-ball, baseball, soccer, basketball, and volleyball.

**Skateboarding Lessons**

Cost: CA mbrs, free • non-mbrs, $50

All CA mbrs: $25 per family (minimum 3 participants)

**Columbia SportsPark**

Ages 3 and older

Closed for renovations May through late fall

**Rentals**

Rent Columbia SportsPark for your next event! See page 47 for more information.

**Birthday Parties**

Mini-golf, batting cages, moon bounce and arcade games! Learn more on page 49 or visit ColumbiaSportsPark.org.

**Skateboarding Lessons**

Cost: CA mbrs, free • non-mbrs, $50

All CA mbrs: $25 per family (minimum 3 participants)

**Columbia SportsPark**

Ages 3 and older

Closed for renovations May through late fall

**Rentals**

Rent Columbia SportsPark for your next event! See page 47 for more information.

**Birthday Parties**

Mini-golf, batting cages, moon bounce and arcade games! Learn more on page 49 or visit ColumbiaSportsPark.org.

**Skateboarding Lessons**

Cost: CA mbrs, free • non-mbrs, $50

All CA mbrs: $25 per family (minimum 3 participants)
Stay cool this summer at CA’s
23 outdoor pools
including two Mini-WaterParks!
*All pools are chloride free, daily. Raincheck differs times for Deep Water Fitness (DWF).

Outdoor pool schedule

**MEMORIAL DAY WEEKEND**

**MAY 26-28**

**23**

Dorsey Hall (DH)* ................ 410-715-3154 ............. Wednesday

Hawthorn (HA)* ................ 410-730-0943 ............. Wednesday

Kendall Ridge (KR)* ............... 410-730-5292 ............. Wednesday

River Hill (RH)* ................ 410-730-5765 ............. Wednesday

Stevens Forest (SF)* ........... 410-730-5452 ............. Monday

Thunder Hill (TH) ............... 410-730-5563 ............. Tuesday

Talbott Springs (TS) ............ 410-730-5421 ............. Wednesday

Swansfield (SW)* ............... 410-730-3180 ............. Thursday

Stevens Forest and Swansfield*. Remain open (unless very severe or on their closed day).

Extended Adult Lap Session

Four lanes available 4:30-5pm.

Non-members ............ $30 .................. $25

Columbia Cardholders .... $8 ................... $5

Friday-Sunday, Holidays*

16 years and older 15 years and younger
Columbia Cardholders... $8 ................. $5
Non-members ........... $30 ................. $25

Weather Guidelines

**NORMAL OPERATIONS**

Sunny summer days. Pools open as usual.

Mon & Tue

9am-noon

Laps and Rec Swim

3 free days!

**SECOND SUNDAY SWIM**

CA residents have the opportunity to visit CA’s 23 outdoor pools for free on the second Sunday of each month: June 10, July 8 and August 12.

Residents of CA-assessed property must have a Columbia Card to receive access. Cards can be obtained at CA’s Customer and Member Service Center, located at CA Headquarters, 6310 Hillside Court, at no cost. Address verification in the form of a driver’s license or imprinted personal check and dependent children’s birth certificates are required to obtain the free Columbia Card. For more information, see page 8 (Columbia Cardholder section) or call 410-715-1801.
Welcome to CA's Outdoor Pools!

Listed below are some of the special features of each pool. All of the pools have a main pool and a children’s wading pool.

All of the pools are furnished with lounge chairs, regular chairs, tables and umbrellas as well as bathrooms, changing areas and party areas. For additional information, visit ColumbiaAssociation.org/pools.

Dorsey Hall
• ADA beach entry wading pool with water features and slide
• hot tub and upgraded ADA bathrooms
• eight-lane main pool with lift
• sand volleyball
• snack bar
• adjacent tot lot and basketball courts
• many shaded areas and shade structures
• slide in deep end
• adjacent tot lot
• shade trees

Longfellow
• ADA wading pool with water features
• six-lane main pool (meters)
• shade structures
• adjacent basketball courts
• upgraded bathrooms

Macgill’s Common
• six-lane main pool
• adjacent tot lot
• nearby basketball courts
• volleyball (grass)
• shade structures

Phillips Luck
• eight-lane main pool
• volleyball (grass)
• shade structures

River Hill
• ADA beach entry wading pool with water features and slide
• eight-lane main pool with lift
• beach entry
• snack bar
• hot tub with lift
• water feature in beach entry
• picnic tables and shade structures

Running Brook
• six-lane main pool (meters)
• shade structures

Stevens Forest
• shade structures
• volleyball (grass)

Talbott Springs
• eight-lane main pool and slide
• basketball court
• shade and picnic structures
• wading pool with water features

Thunder Hill
• six-lane main pool (meters)
• sand volleyball
• many shaded areas and adjacent tot lot
• many shaded areas

Important Information About Using Your Outdoor Pool – We Put Your Safety First

Parental Supervision of Children — Columbia Association provides lifeguards at each of our pools. However, no one can watch your child as well as you can. Our lifeguards are on duty to enforce rules and regulations, respond to emergencies, and prevent as many problems as possible, but you are ultimately responsible for the safety of your child. There is no substitution for close, active parental supervision.

Unsupervised Children’s Policy — Members and Columbia Cardholders between the ages of 10 and “responsible person” must pass Safety First to be admitted to the pool alone. A responsible person is someone 14 years or older who visits the pool solely to watch the children (ages 13 and younger) he/she brings. One person may watch no more than 10 children, or no more than four children if they are age 9 or younger. Non-swimmers must be accompanied in the main pool on a one-to-one ratio. Safety First is given during Adult Swim. Upon passing, information is entered into their membership account. The new test includes swimming two lengths of the pool continuously and in a strong fashion, and treading water for one minute. Unsuservised children and teens (ages 10-19) who are asked to leave due to behavioral issues will have their pool privileges suspended and will require the primary member to be present with them for the entire duration of their visit at the pool for a period of one year from the date of the infractions.

Guest Policy — Members and Columbia Cardholders must be 16 years old or older to bring a guest. Children’s Rest Periods (Adult Swim) — 15-minute rest periods are called at a quarter of each hour (including the last hour). Children 15 and younger are required to take a break. Adults may take one child, 6 years of age or younger, into the main pool.

Non-Swimmers — Non-swimmers should never go into the water further than chest deep and are not permitted to use the diving board or deep water slides. Parents of non-swimmers are not permitted in the diving area to catch their non-swimmer children. For your safety, only United States Coast Guard-approved personal flotation devices (life jackets) may be used in the pool. Non-swimming children must be within arms’ reach of a responsible supervisor at all times unless wearing a properly fitted, Coast Guard-approved life jacket.

Staff Training — Each Columbia Association lifeguard completes approximately 24 hours of training in state-of-the-art rescue technology as well as CPR and first aid before the season begins. During the summer, lifeguards participate in a minimum of four hours a month of in-service training to ensure that their skills remain rescue-ready at all times. Columbia Association’s lifeguard staff is consistently audited and recognized by the Aquatic Safety consulting firm of Ellis and Associates. Each pool is supervised by a certified pool operator who has received an additional 16 hours of training.

Inclement Weather — If there is thunder or lightning, the facility will be cleared and remain closed for at least 30 minutes after the last clapping sound.

Member and Columbia Cardholders are not permitted to use the diving board or deep water slides. Parents of non-swimmers are not permitted in the diving area to catch their non-swimmer children. For your safety, only United States Coast Guard-approved personal flotation devices (life jackets) may be used in the pool. Non-swimming children must be within arms’ reach of a responsible supervisor at all times unless wearing a properly fitted, Coast Guard-approved life jacket.

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CNSL
Columbia Neighborhood Swim League
is a summer recreational swim league for youth 18 years old or younger with 14 swim teams
located throughout the Columbia, Ellicott City and Clarksville area.
Swimmers 10 and younger must be able to complete a full length of the pool on their front or back in a strong fashion without assistance.
Swimmers 11-18 must complete two consecutive lengths of the pool in a strong fashion without assistance.
All swimmers have until the end of Time Trials, scheduled for June 9, to complete this requirement.

Swim Lessons

Swimming Lessons

Tuesday, May 29 through Saturday, July 28

Cost
- Per swimmer by May 31 ($15 early registration discount)
- CA members: $135
- Columbia Cardholders: $216
- Non-members: $381
- Per swimmer after May 31
- CA members: $154
- Columbia Cardholders: $231
- Non-members: $396
- Discounts available for CA staff, Cippers, swimmers and income-qualified members.

Registration
Swimmers must be registered as of Mon, June 4, to practice with the team. Registration begins April 14.
- Register online at ColumbiaAssociation.org/login.
- Click on Member Login.
- Select Programs.
- Change site to Outdoor Pools.
- Select category Aquatics.
- Go to CNSL Summer Swim Teams.
- Click View Programs.
- Select Appropriate team.

Team Assignments
Determine your team and practice schedule at ColumbiaAssociation.org/pools.
- Swimmers who live on CA-assessed property must swim for the team to which their elementary school is assigned.
- You will be notified by CA if you select the incorrect team and your swimmer will be moved to the correct team.
For more information or registration assistance, contact CA’s Aquatics office at 410-312-6632.

- Baby and Me
  Parent/caregiver participation required with infants or toddlers who are not yet comfortable in the water and without the ability to hold themselves above the water or on the wall. Water adjustment, safety and basic swim skills are introduced through a series of songs, games and interactive activities. Recommended for children 6 months to 3 years of age. Only offered at CG, PL, SW.

- Toddler and Me
  Parent/caregiver participation required with infants or toddlers who are not yet comfortable in the water but who are able to support themselves above the water with a float and on the wall with a parent/caregiver within arm’s reach. Water adjustment, safety and beginner swim skills are introduced through a series of songs, games and interactive activities. Recommended for children 2 to 6 years of age. Only offered at CG, PL, SW.

- Bronze/Beginner Level 1
  For children who have the ability to hold themselves above water with a float or on the wall without a parent/caregiver. Class focuses on water adjustment, safety and beginner skills for swimming a coordinated stroke.

- Silver/Beginner Level 2
  For swimmers who are willing to submerge themselves underwater, blow bubbles and push off the wall without assistance but cannot swim a coordinated stroke. Class focuses on introduction to freestyle, including but not limited to floating, kicking, side breathing and stroke technique.

- Gold/Intermediate Level 1
  For swimmers who are willing to submerge themselves underwater, blow bubbles, push off the wall without assistance and can swim a coordinated freestyle stroke. Class focuses on improving swimming technique and endurance with an introduction to backstroke.

Swim Team Prep/Adv Level 2
- For swimmers who can swim 25 yards of freestyle, backstroke and breaststroke.
- Class focuses on furthering the stroke technique and increasing endurance in freestyle, backstroke and breaststroke. An introduction to butterfly and turns is included.

- Platinum/Adv Level 1
- For swimmers who can swim 25 yards of freestyle, backstroke and breaststroke.
- Class focuses on furthering the stroke technique and increasing endurance in freestyle, backstroke and breaststroke. An introduction to butterfly and turns is included.

Indoor Sessions
Indoor Summer Session
- Jun 18-Aug 5, no classes Jul 1-4
- Once a week for six weeks
- Columbia Gym • Mon, Wed and Sun
- Indoor Mini Session
- Aug 13-22
- Twice a week for two weeks

Outdoor Sessions
- There will be 11 one-week sessions.
- Lessons begin week of Jun 18.
- Morning lesson classes meet five times a week and an held 10am-midnight at DI, KR, RH and SW.
- Outdoor Morning Group Lesson Fees
- One Week
  - CA members: $81
  - Income-qualified mbrs: $31
  - Columbia Cardholders: $81
  - Non-mbrs: $111

- Outdoor Morning Group Lesson Fees
- One Week
  - CA members: $100
  - Income-qualified mbrs: $40
  - Columbia Cardholders: $100
  - Non-mbrs: $140

- Outdoor Morning One-On-One Fees
- One Week
  - CA members: $216
  - Income-qualified mbrs: $67
  - Columbia Cardholders: $216
  - Non-mbrs: $275

- Outdoor Morning One-On-One Fees
- One Week
  - CA members: $54
  - Income-qualified mbrs: $27
  - Columbia Cardholders: $54
  - Non-mbrs: $93

- Outdoor Morning Group Lesson Fees
- One Week
  - CA members: $79
  - Income-qualified mbrs: $27
  - Columbia Cardholders: $79
  - Non-mbrs: $118

- Outdoor Morning One-On-One Fees
- One Week
  - CA members: $139
  - Income-qualified mbrs: $40
  - Columbia Cardholders: $139
  - Non-mbrs: $183

- Outdoor Morning One-On-One Fees
- One Week
  - CA members: $150
  - Income-qualified mbrs: $40
  - Columbia Cardholders: $150
  - Non-mbrs: $197

- Outdoor Morning Group Lesson Fees
- One Week
  - CA members: $62
  - Income-qualified mbrs: $21
  - Columbia Cardholders: $62
  - Non-mbrs: $111

- Outdoor Morning Group Lesson Fees
- One Week
  - CA members: $83
  - Income-qualified mbrs: $27
  - Columbia Cardholders: $83
  - Non-mbrs: $132

- Outdoor Morning One-On-One Fees
- One Week
  - CA members: $100
  - Income-qualified mbrs: $40
  - Columbia Cardholders: $100
  - Non-mbrs: $140

- Outdoor Morning One-On-One Fees
- One Week
  - CA members: $54
  - Income-qualified mbrs: $27
  - Columbia Cardholders: $54
  - Non-mbrs: $93

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  - Columbia Cardholders: $150
  - Non-mbrs: $197

- Outdoor Morning Group Lesson Fees
- One Week
  - CA members: $81
  - Income-qualified mbrs: $31
  - Columbia Cardholders: $81
  - Non-mbrs: $111
for more information, please email CAMastersSwim@ColumbiaAssociation.org.

All participants must be able to swim a competitive distance in about 30 minutes and become a USMS member (fee extra).

For more info, email EdShulder@Yahoo.com or go to Active.com.

Senior swimmers can gain access to Columbia Athletic Club and Columbia Gymnastics pool with a polite purchase of a senior swim pass for 25.

For more information, please contact GroupFitness@ColumbiaAssociation.org. Call the Aquatics office to pre-purchase your package of classes at 410-312-6332.
Aqua Fitness

Pedicures, flexibility and muscle conditioning in shallower water. Held at outdoor pools, Columbia Gym and Supreme Sports Club

Aqua Fitness

Gentle exercise to help decrease pain and stiffness. Members free. Columbia Cardholders, $10 per class. (45 minutes) Columbia Gym only

Aqua Fitness Plus

Gentle exercise to help decrease pain and stiffness, with an increased endurance phase. (45 minutes) Columbia Athletic Club only, classes resume in late Aug

Aqua Barre

Lengthen your core while performing ballet barre fitness moves in the pool. (45 minutes) Haven on the Lake only

Aqua Boot Camp

Intensively and variety of boot camp exercises (intervals, sprint marathon, circuit training) with added benefit of water’s resistance and support. (55 minutes) Locust Park Pool only

Aqua Circuit

Offers the latest in aquatic equipment and training techniques, including Aqua Pole, Punching Bag, Aqua Trampolines and more. (45 minutes) Haven on the Lake only

Aqua Fusion

Combines elements of barre, aqua yoga and toning with free-flowing movements of tai chi. (45 minutes) Haven on the Lake only

Aqua Pilates

Experience Pilates exercises in the pool to work the deep core muscles of the body and gain strength and flexibility. (45 minutes) Haven on the Lake only

Aqua Spin

Cardio cycle classes will quicken your mind and body leave you feeling spent and energized at the same time. (45 minutes) Haven on the Lake only

Aqua Yoga

Experience the benefits of yoga in a gentle, supportive environment. (45 minutes) Haven on the Lake only

Aqua Zumba®

All of the fun of Zumba® and the intensity of dance movements with the support and resistance of the water. Columbia Gym only

BOGAFittm

Toning and yoga on a balance board. Classes offered in sessions; limited space available. (45 minutes, fee for everyone) Held at Columbia Swim Center and Hawthorn Pool

Deep Water Fitness

Exercise in the deep end of the pool. Rotation biking classes free. For CA FiP & Play, Play, Day Golf & Play, and Golf FiP & Play members; additional fee for other CA members, Columbia Cardholders and non-members, held at Columbia Swim Center and Hawthorn Pool

LaBlast Splash™

Dance and tone in the water to a variety of music styles, including pop, rock, blues, and move. Learn basic ballet moves in this full-body cardio and strength endurance workout. Haven on the Lake only

Aqua Fitness at Haven on the Lake Policy

Classes free for Rxvive members. Resident members may purchase classes at member rates. Non-members must purchase a class pack. Call 410-715-3020 for more info.

Inclement Weather

All outdoor pools and Columbia Swim Center’s main pool will close for thunder lightning. All other indoor pools, including Columbia Swim Center’s program pool, will remain open. Outdoor classes will not be held in the rain or if the temperature is below 68 degrees. Call CA’s Inclement Weather Hotline (410-715-3154) to check class status.

Inclement Weather Schedule

Columbia Athletic Club, 410-730-6744

Columbia Gym, 410-531-0800

Columbia Swim Center, 410-715-7000

Haven on the Lake, 410-715-3020

Schedule Notes

• Morning classes will be held Wed, Jul 4
• Special Labor Day class on Mon, Sep 3 from 10:30-11:55am at Stevens Forest Pool

F&P FiP & Play

6 Weeks 3 Days/Year Youth • 1 Fr, 1 Pm, Play

SG&F Play Golf & Play 70 2 Day Golf 95 Years and Older Adult

Everyone

Online Registration

Youth 6 Weeks 3 Days/Year Teen

Tennis Admission

F&P, P, SG&F, G&F mbrs, $17

Other CA mbrs, $19

Columbia Cardholders, $22

Non-mbrs, $27

90-minute session, weekly sessions

Call for dates and times

Long Reach Tennis Club, 410-423-4120

Fun group activity featuring drills that provide players of all abilities the ultimate high-energy workout. Cardio Tennis elevates your heart rate into an aerobic training zone, allows you to burn more calories than playing singles or doubles tennis does, includes short cycles of high intensity workouts and periods of rest similar to interval training, and supplements your current singles or doubles play and lesson routine.

USTA Team Tennis Leagues

USTA leagues are offered year-round at CA's tennis clubs. Leagues include:

• Adult 18 and Over
• Mixed 18 and Over
• Adult 40 and Over
• Adult 55 and Over
• Adult 65 and Over

Call Long Reach Tennis Club at 410-423-4120 to register.

Tennis Court Rates

All CA members, Columbia Cardholders and non-members*

Print, Doubles

G&F mbrs, $7

Non-members must purchase a class pack. Call 410-715-3020 for more info.

Tennis Court Rates

All CA members, Columbia Cardholders and non-members*

Print, Doubles

G&F mbrs, $7

Non-members must purchase a class pack. Call 410-715-3020 for more info.

Tennis Courten

All CA members, Columbia Cardholders and non-members*

Print, Doubles

G&F mbrs, $7

Non-members must purchase a class pack. Call 410-715-3020 for more info.

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Call Long Reach Tennis Club at 410-423-4120 to register.

Tennis Courten

All CA members, Columbia Cardholders and non-members*

Print, Doubles

G&F mbrs, $7

Non-members must purchase a class pack. Call 410-715-3020 for more info.
Junior Development Program
Our mission is to provide an organized and active tennis development program featuring a Rally and Play approach. The curriculum is designed to emphasize a fun and dynamic environment where the children learn both what to do and how to do it. Appropriate technique for all level players will be taught within the context of ball control activities. The juniors will be grouped by skill level and age. For ages 5-17.

Junior Competition Program
Our mission is to provide a highly organized and energetic program. Players will have fun and be challenged while being taught in a safe and professional environment. Each week, the curriculum will have specific themes with appropriate drills and tactical situations using a game-based approach. We will also focus on physical fitness as it pertains to tennis performance and injury prevention. In addition, we will provide match charting for participants. For ages 8-17.

Junior Development and Competition Schedule
One week sessions held Monday-Friday beginning June 18. Program meets from 9am-3:30pm on Monday-Thursday and from 9am-noon on Friday. We also offer full-day sessions for those who don’t want to attend a full week, and single morning sessions for those who don’t want to attend a full day. Held at Long Reach Tennis Club.

Session One...June 18-22
Session Two...June 25-29
Session Three...July 2-6
Session Four...July 9-13
Session Five...July 16-20
Session Six...July 23-27
Full Week Session Cost
F&P, P, 5G&P, GF&P members $495
Other CA members $515
Columbia Cardholders $535
Non-members $555
Full Day Session Cost
F&P, P, 5G&P, GF&P members $155
Other CA members $165
Columbia Cardholders $175
Non-members $185

For more information on these programs or to sign up, please call Long Reach Tennis Club at 410-423-4120.

Junior Development and Program Outline
<table>
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<tr>
<th>Division</th>
<th>Warm Up</th>
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Junior Development and Program Cost

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<th>11-week session / June 18-September 2</th>
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<td>1F</td>
<td>Non-mbrs ..............................................</td>
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Please call Long Reach Tennis Club at 410-423-4120 to register for the session of your choice.

Schedules are subject to change.

Long Reach Tennis Club
Daytime, Evening and Weekend Clinics

11-week session / June 18-September 2

| 1F | Monday ............................................. | 10:30am-noon |
| 1F | Tuesday ............................................. | 11am-12:30pm |
| 1F | Wednesday .......................................... | 6:30-9pm |
| 1F | Thursday ............................................. | 9:30-10:30am |
| 1F | Friday ................................................ | 10:30-11:30am |
| 1F | Saturday ............................................. | 10:30-11:30am |

For more information, go to ColumbiaAssociation.org/tennis or call 410-423-4120.

Our tennis professionals can make all the difference in your game!

For more information, go to ColumbiaAssociation.org/tennis or call 410-423-4120.
Tennis Lesson Rates

CA’s private lessons with a coach are designed to work on individual aspects of each player’s tennis game. The emphasis is on tactical and technical synergy, situation-based training, mental toughness and match play scenarios with feedback. The focus is 100 percent on what the player wants to improve about their own game. For more information, please visit ColumbiaAssociation.org/tennis or call 410-423-4120.

Private for F&P, P, 5G&P and GF&P mbrs
60 minutes, $74 ......... 30 minutes, $44

Private for other CA mbrs, Columbia Cardholders and non-mbrs
60 minutes, $79 ......... 30 minutes, $49

Semi-private for F&P, P, 5G&P and GF&P mbrs
60 minutes, $44 per person

Semi-private for other CA mbrs, Columbia Cardholders and non-mbrs
60 minutes, $49 per person

Three players for F&P, P, 5G&P and GF&P mbrs
60 minutes, $34 per person

Three players for other CA mbrs, Columbia Cardholders and non-mbrs
60 minutes, $39 per person

Four players for F&P, P, 5G&P and GF&P members
60 minutes, $29 per person

Four players for other CA mbrs, Columbia Cardholders and non-mbrs
60 minutes, $34 per person

Five or six players for F&P, P, 5G&P and GF&P mbrs
60 minutes, $27 per person

Five or six players for other CA mbrs, Columbia Cardholders and non-mbrs
60 minutes, $31 per person

Pickleball

F&P, P, 5G&P, GF&P mbrs, $3 per visit
Other CA mbrs, $4 per visit
Columbia Cardholders, $5 per visit
Non-mbrs, $6 per visit

Held at Wilde Lake Tennis Club in Jun-Sep
Mon, 9-11am • Wed, 1-3pm
Wed, 4-6pm • Thu, noon-2pm

Pickleball is a fun sport for all skill levels that combines tennis, badminton and ping-pong on a short court. It can be played with singles or doubles. Come see why this is one of America’s fastest growing sports. Please call Wilde Lake Tennis Club at 410-730-3767 for additional information.

CA offers members an opportunity to purchase Ravens tickets!

Ravens tickets will be available only to lottery participants on Saturday, August 18. To enter, send a postcard postmarked no later than Wednesday, July 20 with your membership ID number, name, address, email address and phone number to:

CA Customer and Member Service Center
Attention: Ravens Lottery
6310 Hillside Court / Columbia, MD 21046

Learn more about CA’s Ravens lottery at ColumbiaAssociation.org/tickets.
Summertime family fun?
CA HAS IT!

Columbia Association (CA) has 95 miles of pathways, 3 lakes, 23 outdoor pools, 3 fitness clubs, 2 golf clubs, an art center, skating rink, summer camps, tennis, Haven on the Lake and so much more! To learn more about all the great things CA offers, visit ColumbiaAssociation.org. For information on a variety of membership offers and specials, visit ColumbiaFit.org.
WHY SETTLE FOR A MEMBERSHIP TO JUST ONE GOLF COURSE?

With a CA golf membership, you get the Best Golf Course* in Howard County—Hobbit’s Glen Golf Club, plus the newly renovated Fairway Hills Golf Club.

With three membership options to choose from, we have options to make every golfer happy. Just want golf? Our 7Day Golf features unlimited green fees every day. Want golf and fun things for the whole family? Our 5Day Golf&Play gives you golf, outdoor pools, tennis, Columbia Swim Center with SplashDown, mini-golf and ice skating. Want more? With our Golf Fit&Play, you get all of that, plus the three fitness clubs and free KidSpace!

Visit ColumbiaFit.org/golf for daily play and membership specials or call 410-730-5980.

*Results derived from the 2017 Annual Readers' Poll for Best of Howard County by Howard Magazine.